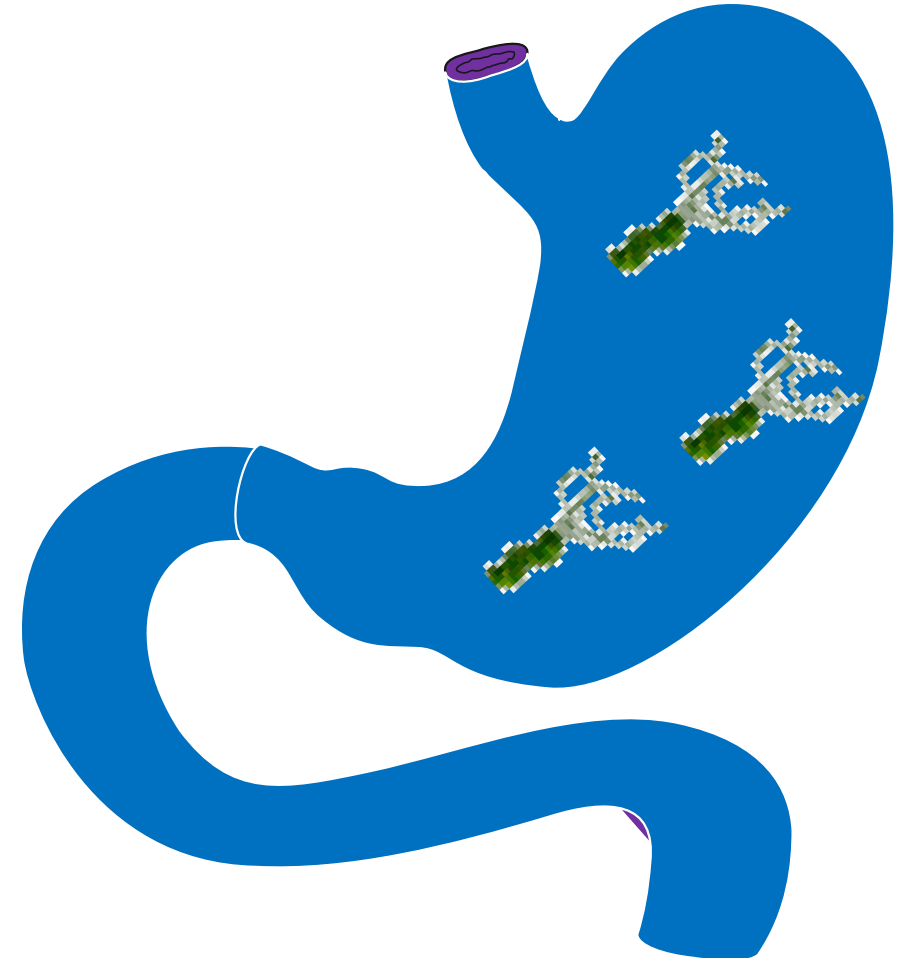


**Curso de actualización para  
El Primer Nivel de Atención  
Módulo Gastroenterología  
Capna Gastro 2023**

**Actualización sobre *Helicobacter pylori*:  
Epidemiología, impacto y diagnóstico**



**William Otero Regino MD, FAGA, FACP**  
**Profesor Titular de Medicina**  
**Universidad Nacional de Colombia**  
**Hospital Universitario Nacional de Colombia**



YouTube “William otero gastroenterólogo”

**Conflicto de intereses**

**Conferencista**

**Takeda, Abbott, Tecnoquimica**

**Tecnofarma, Menarini, Procaps**

Prevalencia mundial *H.pylori* 60%

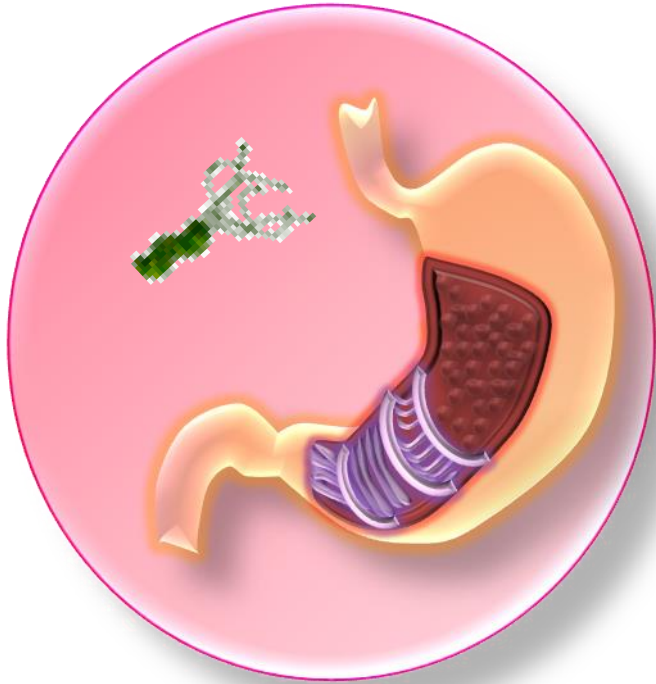
Países en desarrollo  
prevalencia > 80%

Infección bacteriana más común en el mundo  
*Microbio más famoso en los últimos 40 años*

# ***Transmisión Helicobacter pylori***

# ?

58.000 años



**Transmisión  
Directa**

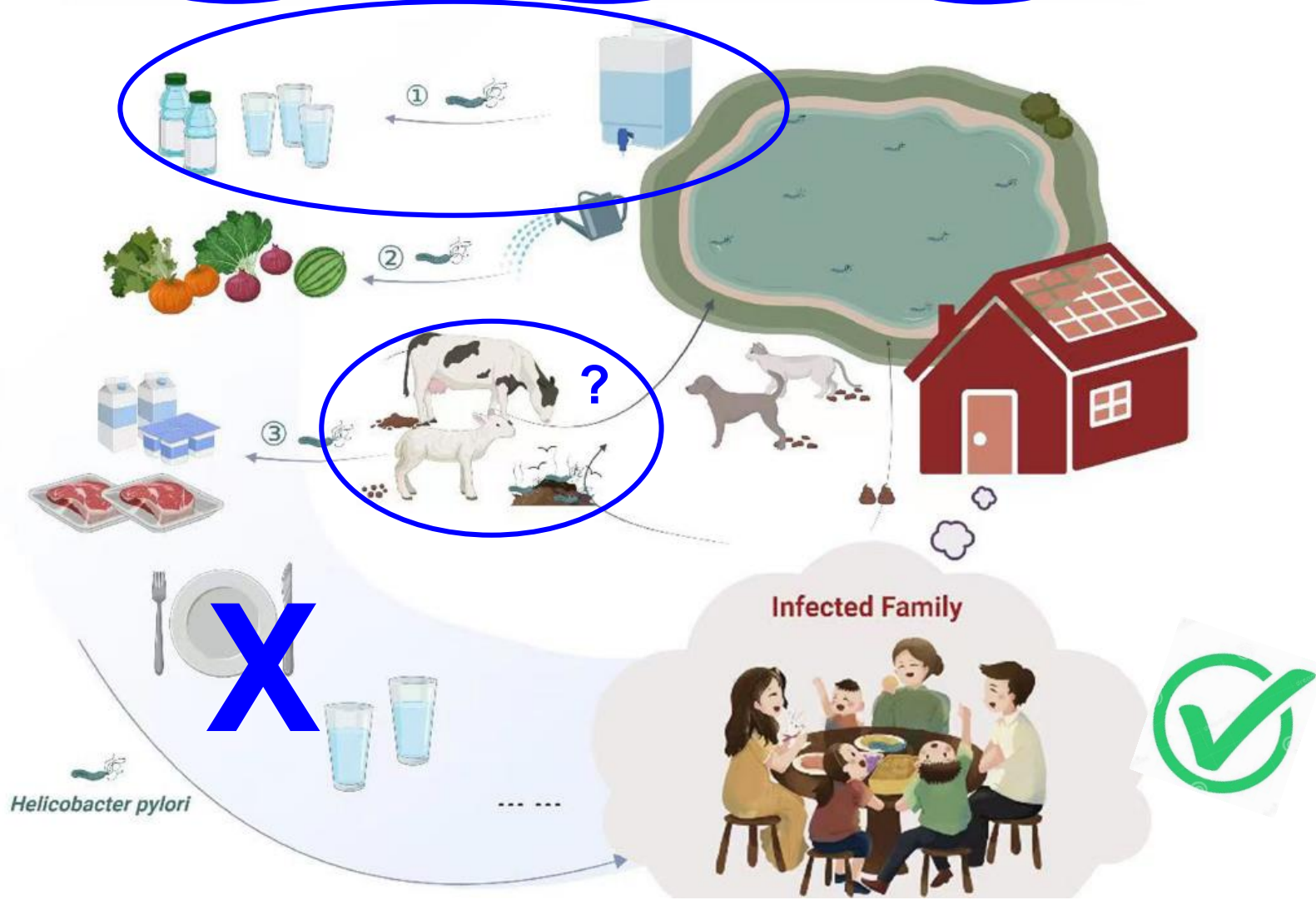
**Humano-Humano  
Fecal-oral**

**Madre-Hijo**

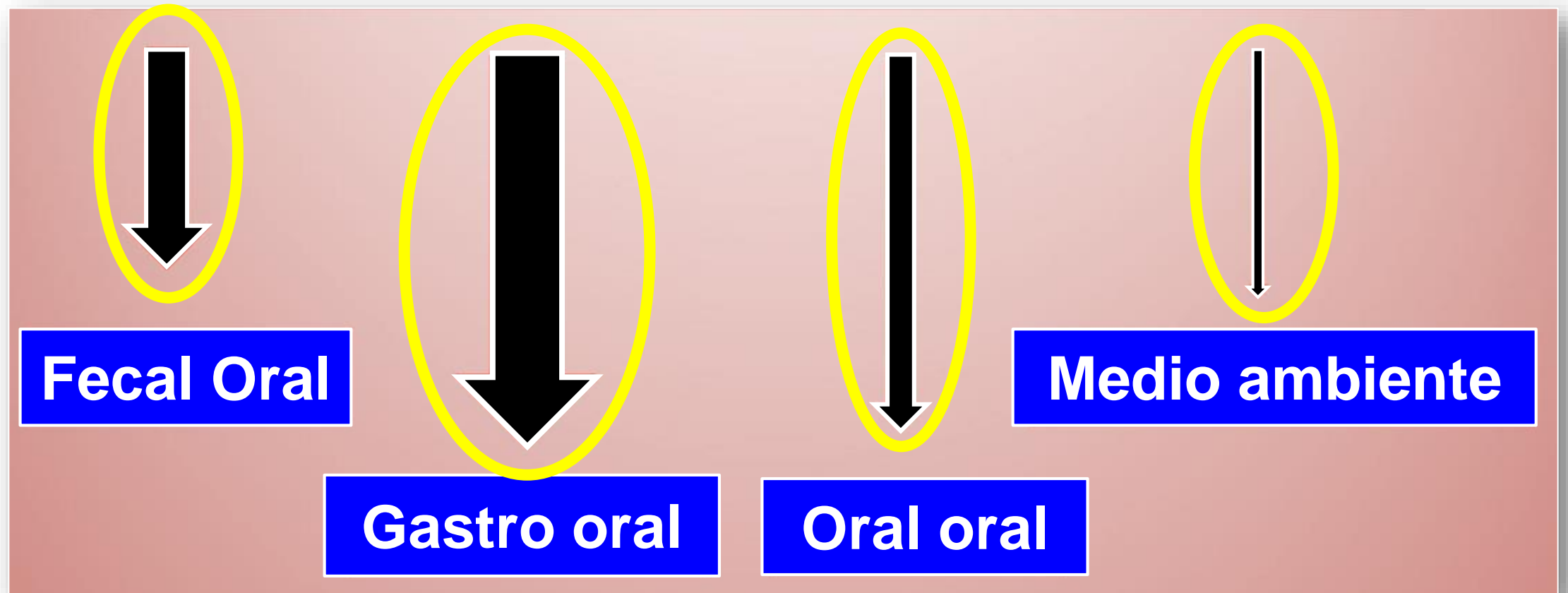
**Ambiente Intrafamiliar  
Infancia : 1os 5 años**

**Adolescencia ocasional  
Adulto: rara vez**

Duan M, Helicobacter. 2023; early Rel enero 25  
Pérez-Pérez G. Acta Latinoam 2018;29 (Supl 1):13S-20S  
Otero W, PLM Ecuador 2023



# Transmisión de *Helicobacter pylori*

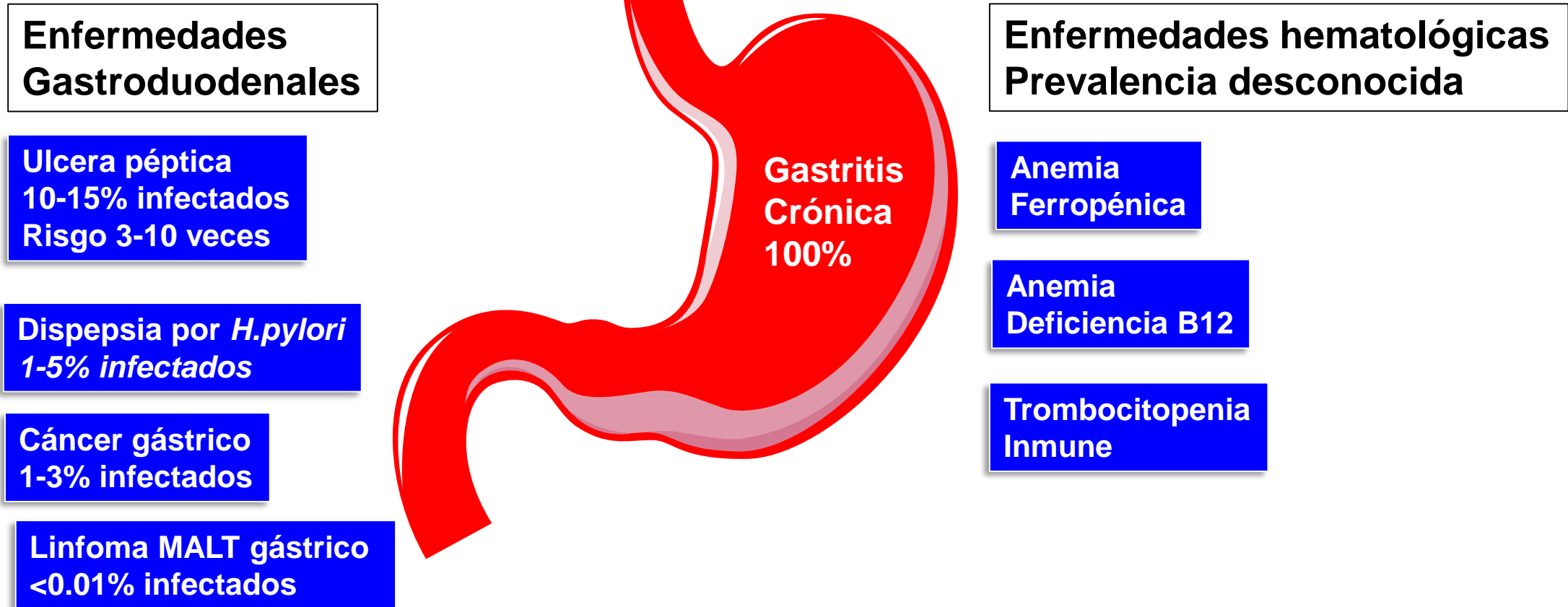


# **Incidencia *H.pylori***

**1.4% año**

<b>2.1%</b>	<b>2-4</b>	<b>años</b>
<b>1.5%</b>	<b>7-9</b>	<b>años</b>
<b>0.3%</b>	<b>21-23</b>	<b>años</b>

# Consecuencias de la infección por *Helicobacter pylori*

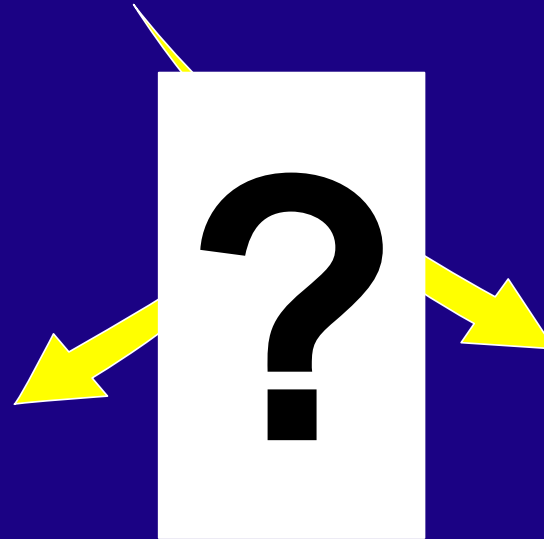


Malfertheiner P, et al. Gut 2017;66:6–30

# *Helicobacter pylori*

100% Gastritis Crónica

80%  
*Asintomáticos*

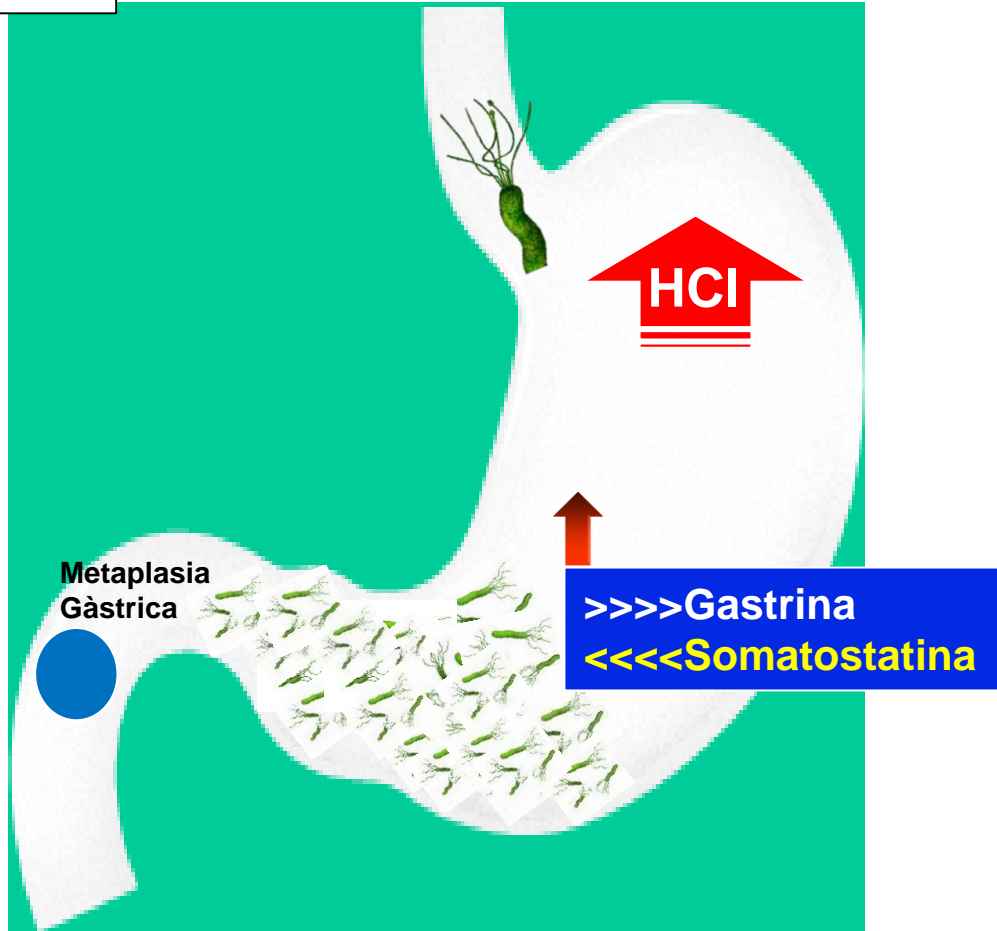


20%  
*Sintomáticos*

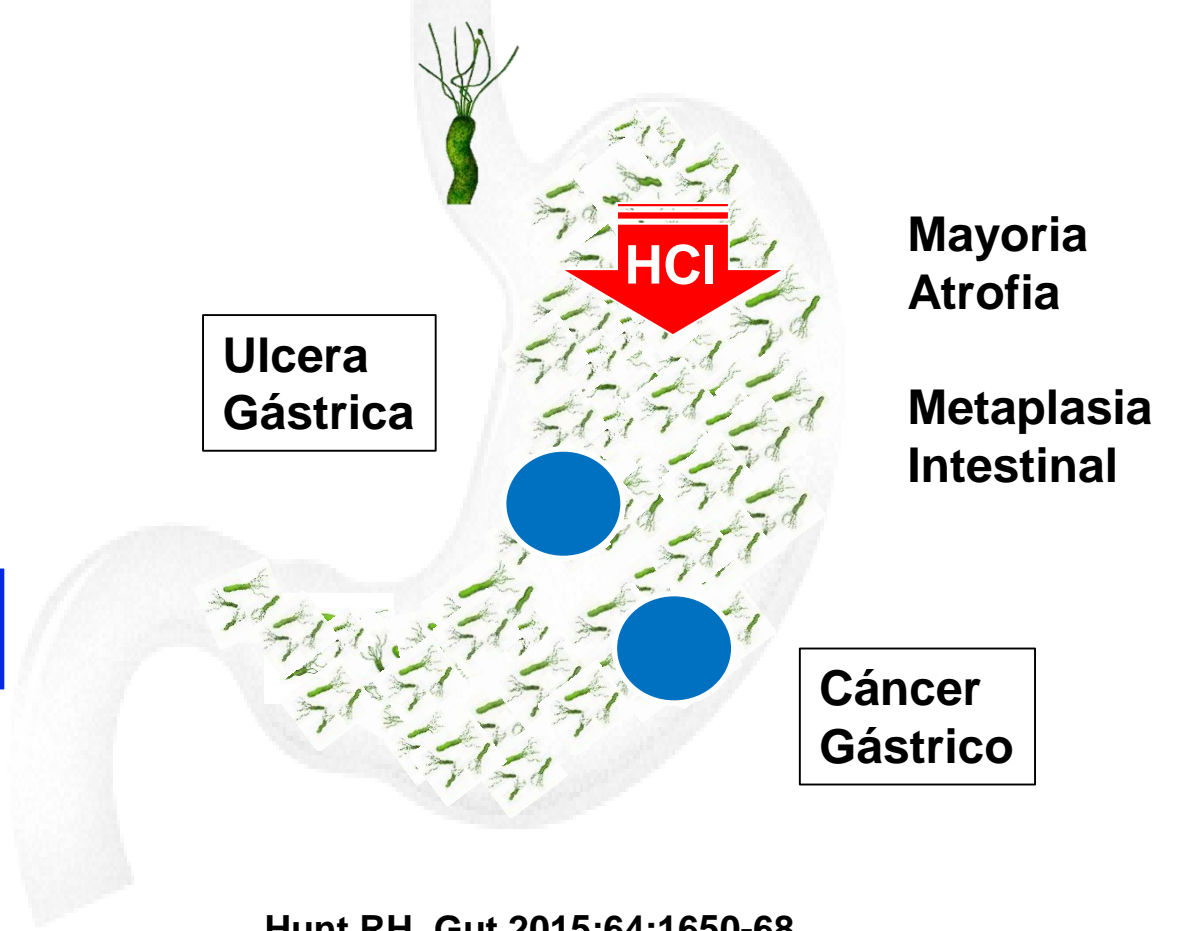
*Otero W, Rev Gastroenterol Perú 2018;38:54-63.*

# Helicobacter dos gastritis

Úlcera Duodenal



Úlcera Gástrica



Mayoría Atrofia

Metaplasia Intestinal

Cáncer Gástrico

Hunt RH, Gut 2015;64:1650-68  
Kuipers EJ, N Engl J Med 1996;334:1018-22  
Board Review Gastroenterology 2022

# Muertes atribuidas a *H.pylori* 2018

Úlceras  
Pèpticas  
247.000

Càncer  
Gàstrico  
783.000



1 de cada 13  
Muertes  
en el mundo

>1.000.000

Bray F, CA Cancer J Clin 2019;68:394-424  
Sung H, CA Cancer J Clin 2021;71:209-49

***H.pylori diagnóstico***

# Diagnóstico

---



**Métodos exacto antes  
de iniciar tratamiento**

Elbehiry A, et al. *Antibiotics* 2023;12:191  
Malfertheiner P, *Nat Rev Dis Primers*. 2023;9:19

Test	Sensitivity	Specificity	Clinical use	Comments	Refs.
<b>Invasive methods</b>					
Rapid urease test	84–95%	95–100%	Important for initial diagnosis; testing two biopsy samples improves sensitivity; provides rapid results	PPIs need to be stopped 14 days before testing; current or recent antibiotic therapy needs to be excluded	86,179
Microbial culture	76–90%	100%	Important for phenotypic susceptibility testing	Absolute specificity but costly; PPIs need to be stopped 14 days before testing; current or recent antibiotic therapy needs to be excluded	86,179
Histological assessment	60–93%	>95%	Gold standard for diagnosis and assessment of mucosal changes	Based on updated Sydney system	86,373
Molecular testing (PCR methods and FISH)	80–95%	100%	Useful in initial diagnosis and follow-up; provides rapid results	High sensitivity and specificity; useful in gastrointestinal bleeding, virulence typing and detection of antibiotic resistance	86,179, 373–375
<b>Non-invasive methods</b>					
UBT	95–100%	95–100%	Gold standard for non-invasive diagnosis; higher sensitivity and specificity than stool antigen test and serological assessment; for initial diagnosis and follow-up	PPIs need to be stopped 14 days before testing; current or recent antibiotic therapy needs to be excluded	86,179,373
Stool antigen test	>95%	>95%	Useful for initial diagnosis and follow-up; slightly lower sensitivity than UBT	Rapid, simple and inexpensive	86,373
Serological antibody detection	74.4%	59%	Useful for initial diagnosis in specific cases	Cheap, simple and rapid; highly variable results; ideal for epidemiological purposes; no need to stop PPI and useful in patients with gastrointestinal bleeding; cannot distinguish between active and previous infection	86,179,376

FISH, fluorescence in situ hybridization; *H. pylori*, *Helicobacter pylori*; PPI, proton pump inhibitor; UBT, <sup>13</sup>C-urea breath test.

**IBP AB**

**IBP AB**

**IBP AB**

**IBP AB**

# ***Verificación de la curación***

# Verificación de la curación

## Métodos infección activa

**Serología No identifica Infección activa**

**EVDA NO!**

**Solo si necesita EVDA de control  
*H.pylori* histología**

**>4 semanas métodos infección activa**

**Antígenos fecales (Acs Monoclonales)**

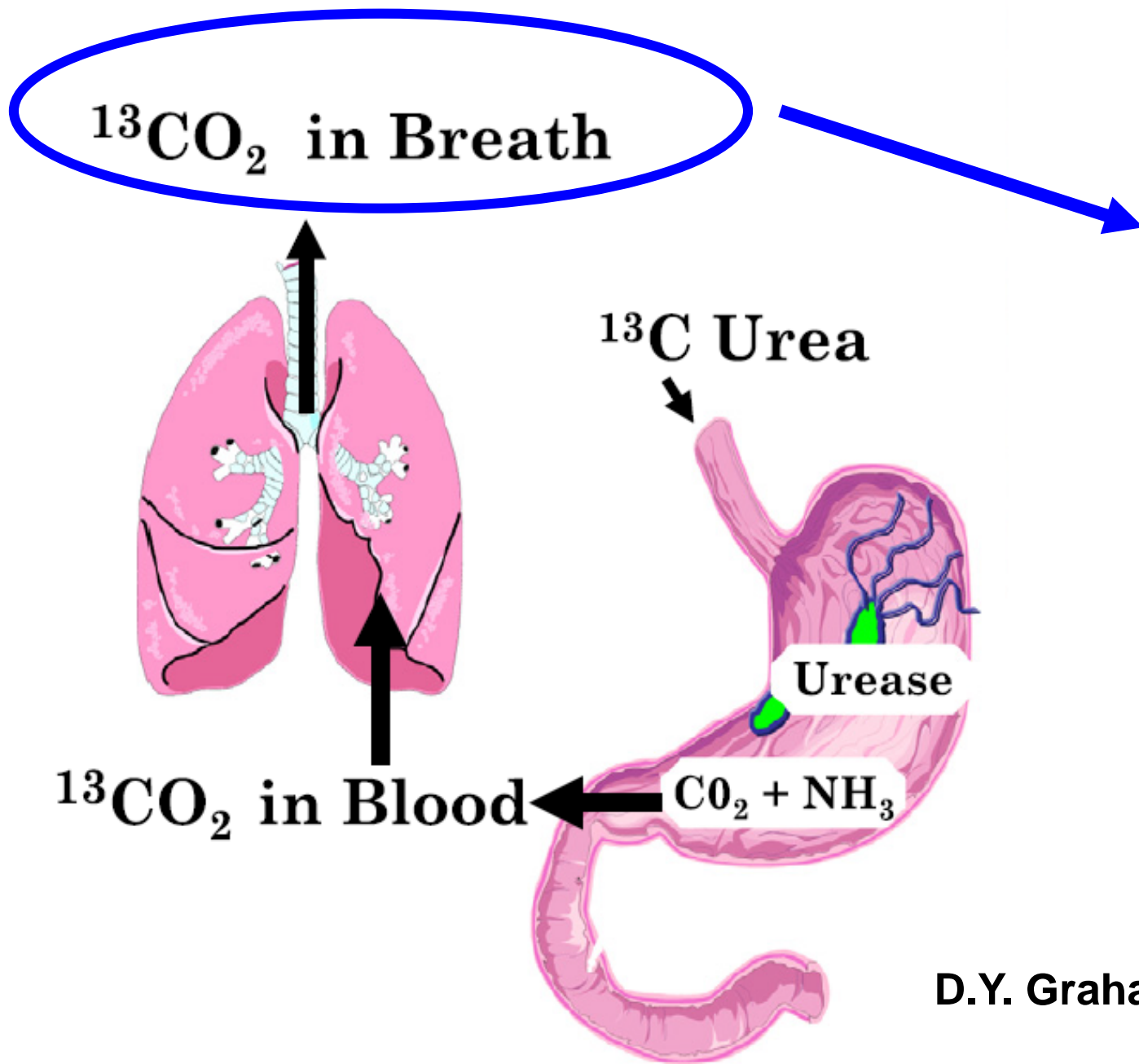
**Test respiratorio con urea (UBT)  $C^{13}$   $C^{14}$**

**Suspender IBP 2 semanas, AB 4 semanas**

Malfertheiner P, Gut 2022 on line agosto 20

Chey WD, Am J Gastroenterol 2017;112:212-39

Gisbert JP, Gastroenterol Hepatol 2016;39:697-721



# UBT C<sup>13</sup> No radiactivo



## Del Escaneo a los Resultados en 3 Pasos

2 minutos para diagnosticar *H. pylori*



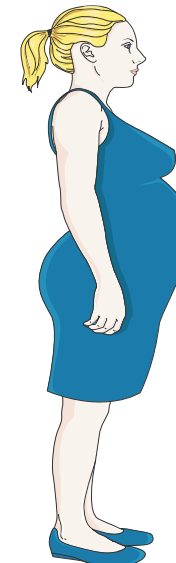
**1** Escanee el código de barras de la bolsa



**2** Prepare el lote



**3** Presione de el botón de iniciar



Board Review Gastroenterology 202  
Maastricht 2022, Belgica 23

# Maastricht VI

## WG 2: DIAGNOSTICS

*Statement 1:* In young dyspeptic patients (age below 50) with no specific risk and no alarm symptoms, non-invasive testing for *H. pylori* infection is recommended.

Agreement 97%

Grade A1

include <sup>13</sup>C urea breath test (UBT), stool antigen tests (SAT), and serological tests for IgG anti-*H. pylori* antibodies. IgG antibody tests do not differentiate between active and prior infections and are therefore not suitable to evaluate the success of eradication treatments. All tests have specific limitations in certain groups of

# Belga

<i>H. pylori</i> Non-invasive Tests	Sensitivity % (95%CI)	Number of patients (Number of studies)	Advantages	Disadvantages
Stool antigen test	83 (73-90)	2988 (29)	Easy to perform and inexpensive Possible at home	Low acceptance
<b>C13 UBT</b>	94 (89-97)	3139 (34)	More sensitive Recommended	At the hospital More expensive
Serology	84 (74-91)	4242 (34)	Easy and inexpensive Epidemiological studies	Does not differentiate between past or active infection

Table 2. — Comparison of invasive diagnostic methods for *H. pylori* before eradication

<i>H. pylori</i> Invasive Tests	Sensitivity (%)	Specificity (%)	Advantages	Disadvantages
<b>RUT</b>	91-98.5	90.9-100	Effective, fast and cheap Possible in emergency room	No diagnosis of gastritis or preneoplastic lesions Less available
<b>Culture</b>	68-98	100	AST to all antibiotics Research	Sensitivity depends on preanalytic conditions Time consuming
<b>Histology (Hematoxylin-Eosin)</b>	92-98.8	89- 00	<i>Gold standard</i> before eradication Diagnosis of chronic gastritis and early gastric neoplastic lesions	More expensive if immunohistochemistry Sensitivity depends on bacterial load
<b>Molecular diagnosis (PCR)</b>	97-100	98	AST Better sensitivity	Kits for AST for 1 or 2 antibiotics only Less available

***H.pylori* encontrado = *H. pylori* tratado**

**Sugano K, Kyoto Consensus. Gut 2015;65:1353-67**



# Mensajes para la casa

---

***H.pylori* se adquiere en la infancia**

**La infección *H.pylori* es asintomática 80%**

**Síntomas aparecen cuando hay complicaciones**

**Produce más de 1 millón de muertes cada año**

**Diagnóstico debe ser exacto antes del tratamiento**

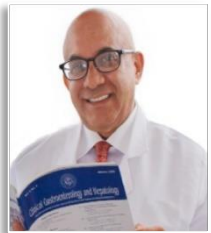
**Verificar curación después 4 semanas**

**Siempre que sea positivo hay que tratarlo**

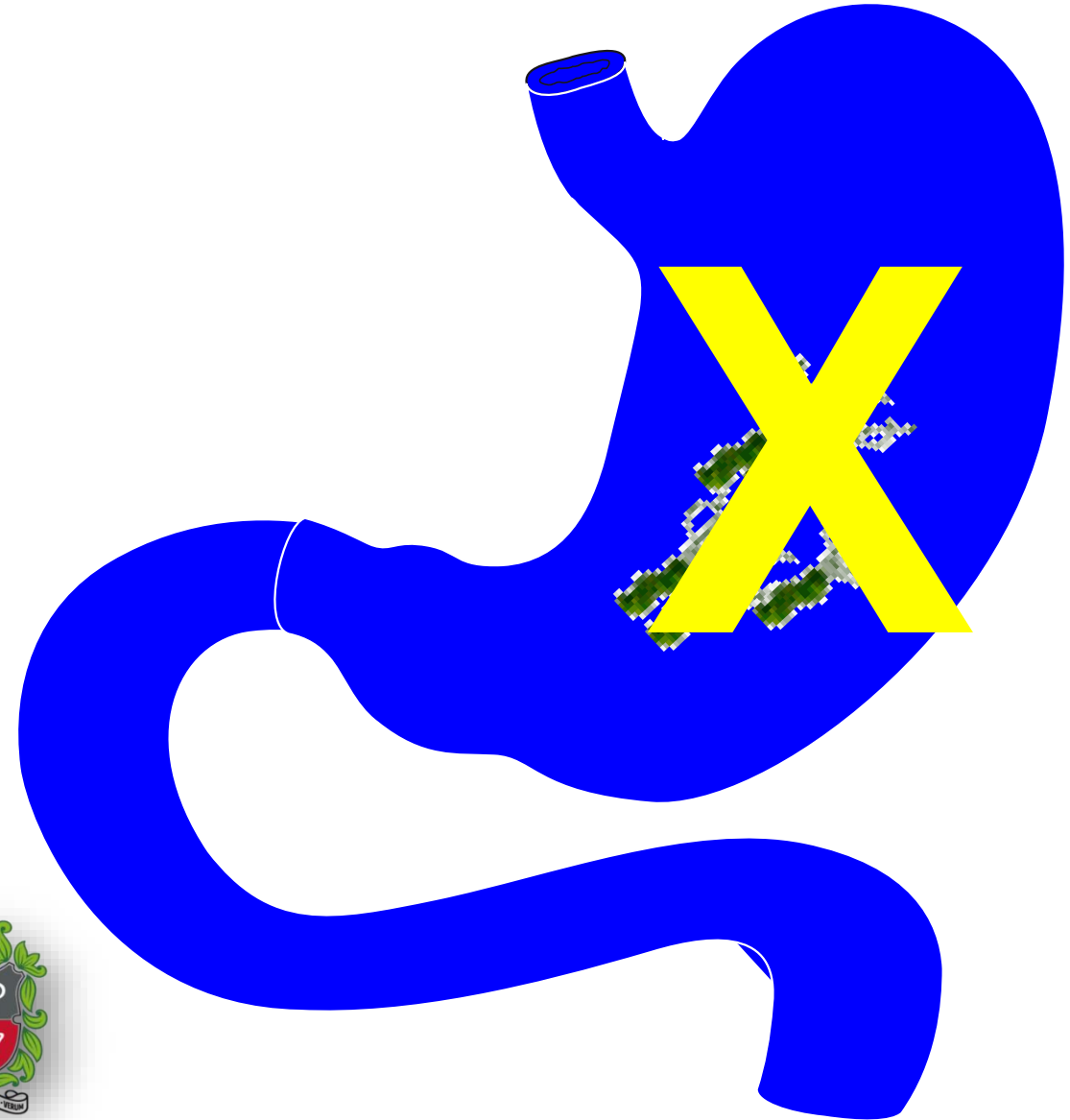
***Muchas gracias !***

**Curso de actualización para  
El Primer Nivel de Atención  
En Gastroenterología  
Capna Gastro 2023**

**Actualización sobre *Helicobacter pylori*:  
Beneficios e impacto al curar la infección**



**William Otero Regino MD, FAGA, FACP  
Profesor Titular de Medicina  
Universidad Nacional de Colombia  
Hospital Universitario Nacional de Colombia**



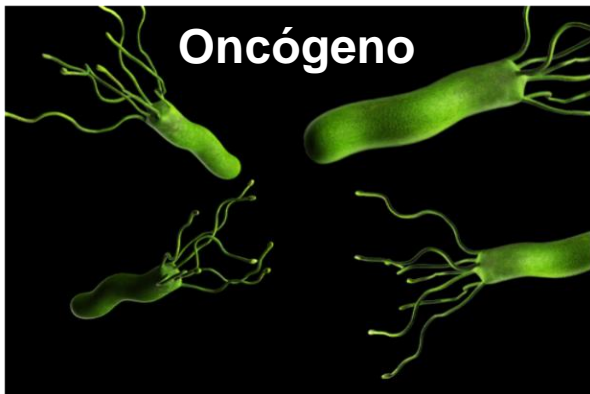
# ***Beneficios al curar H.pylori***

# Beneficios al curar *H.pylori*



Fuccio L, Ann Intern Med 2009;151:121-8  
Malferteheiner P, Gut 2012;61:646-64  
BOARD 2022

***Erradicarlo disminuye o NO  
el riesgo de cáncer gástrico?***



***H.pylori***  
**OMS IARC1994/2009**  
**Carcinógeno tipo I**

**60% mundo**  
**Tiene *H.pylori***

**1.220.000 casos**  
**2017**  
**800.000 muertes**

**1-3%**

**Riesgo atribuible**  
**Global 85-90%**  
**Japón Korea 90-95%**

Graham DY, Gastroenterology 2015;148:719-31  
Tsuda M, Helicobacter 2017;e12415

Lancet Gastroenterol Hepatol 2020;5:42-54  
Global Burden Disease. JAMA Oncol 2017;3:524-41

# Cáncer Gástrico modelo Pelayo Correa

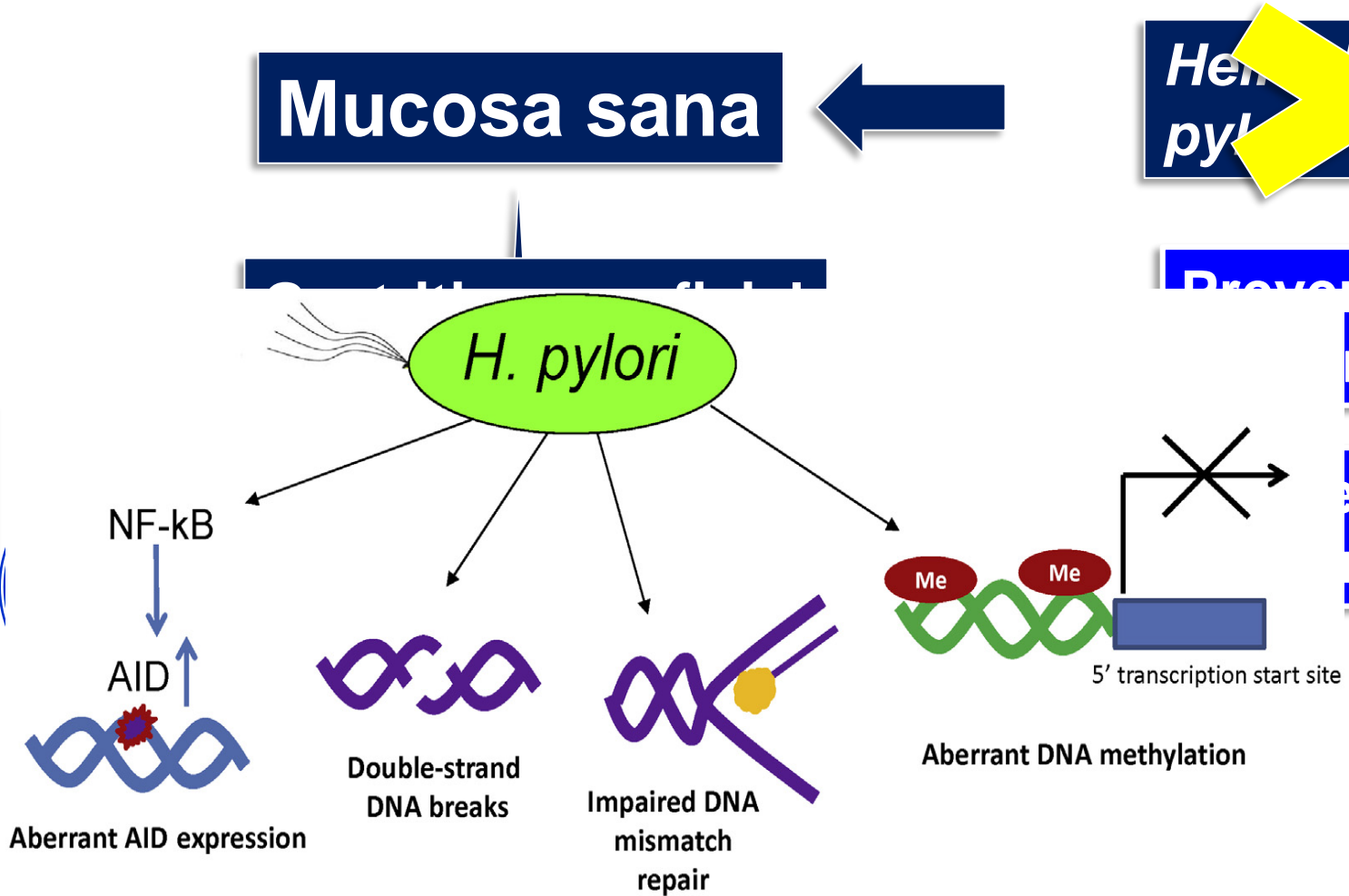


Mucosa sana

~~Helicobacter pylori~~

Prevencción  
ria

esis  
robada



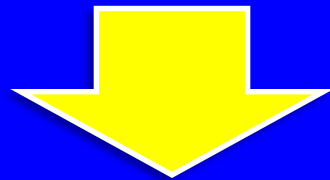
Estratificando  
severidad

Vigilancia  
Prevencción  
Secundaria

Cáncer gástrico

Correa P. Cancer Res 1992; 52:6735–6740  
 Correa P. J Dig Dis 2012;13:2-9  
 Chen HN, Gastric Cancer 2016;19:166-7


**Erradicación *H.pylori***  
***Prevención primaria***



***cáncer gástrico***

***Evidencias 2023***

# *Helicobacter pylori* eradication therapy to prevent gastric cancer: systematic review and meta-analysis

Alexander Charles Ford ,<sup>1,2</sup> Yuhong Yuan,<sup>3</sup> Paul Moayyedi<sup>3</sup>

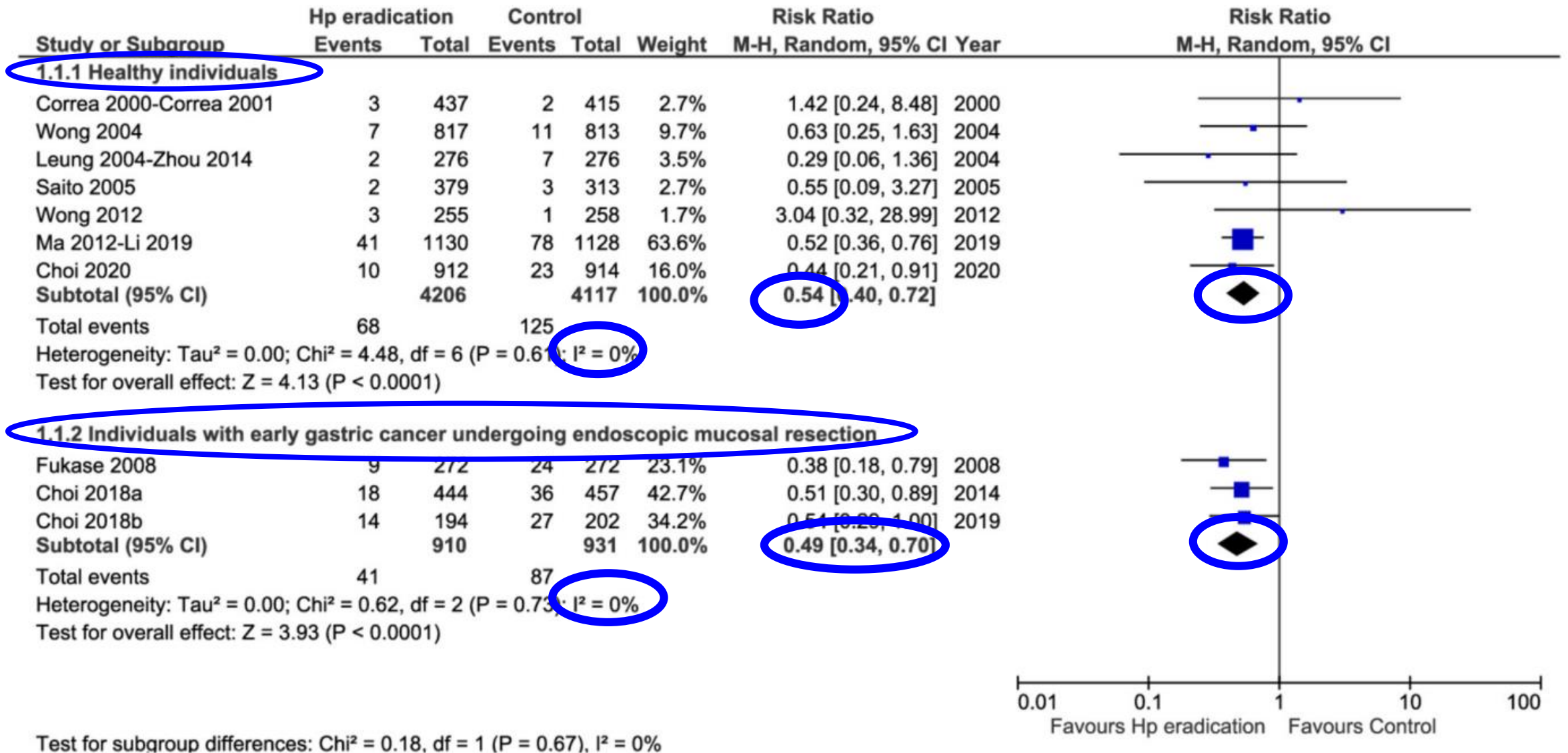
**10 ensayos clínicos**

**8323 individuos sanos**


**1841 pacientes Ca gástrico**

**Ford AC, Gut 2020;69:2113–21.**

# Cáncer gástrico erradicación

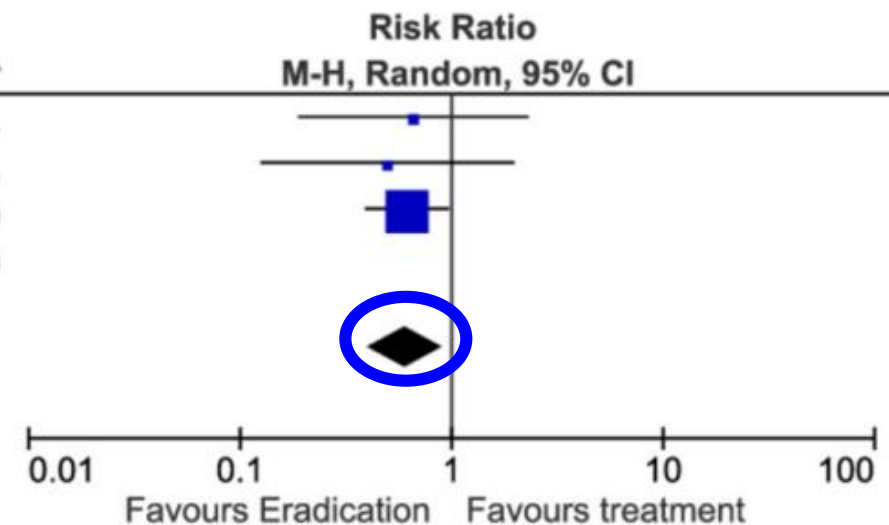


# *Helicobacter pylori* eradication therapy to prevent gastric cancer: systematic review and meta-analysis

Alexander Charles Ford ,<sup>1,2</sup> Yuhong Yuan,<sup>3</sup> Paul Moayyedi<sup>3</sup>

## Mortalidad por Cáncer Gástrico

Study or Subgroup	Hp eradication		Control		Weight	Risk Ratio	
	Events	Total	Events	Total		M-H, Random, 95% CI	Year
Leung 2004-Zhou 2014	4	295	6	292	10.6%	0.66 [0.19, 2.31]	2004
Wong 2004	3	817	6	813	8.7%	0.50 [0.12, 1.98]	2004
Ma 2012-Li 2019	29	1130	47	1128	80.6%	0.62 [0.39, 0.97]	2019
Choi 2020	0	912	0	914		Not estimable	2020
<b>Total (95% CI)</b>		<b>3154</b>		<b>3147</b>	<b>100.0%</b>	<b>0.61 [0.40, 0.92]</b>	
Total events	36		59				
Heterogeneity: Tau <sup>2</sup> = 0.00; Chi <sup>2</sup> = 0.10, df = 2 (P = 0.95); I <sup>2</sup> = 0%							
Test for overall effect: Z = 2.38 (P = 0.02)							

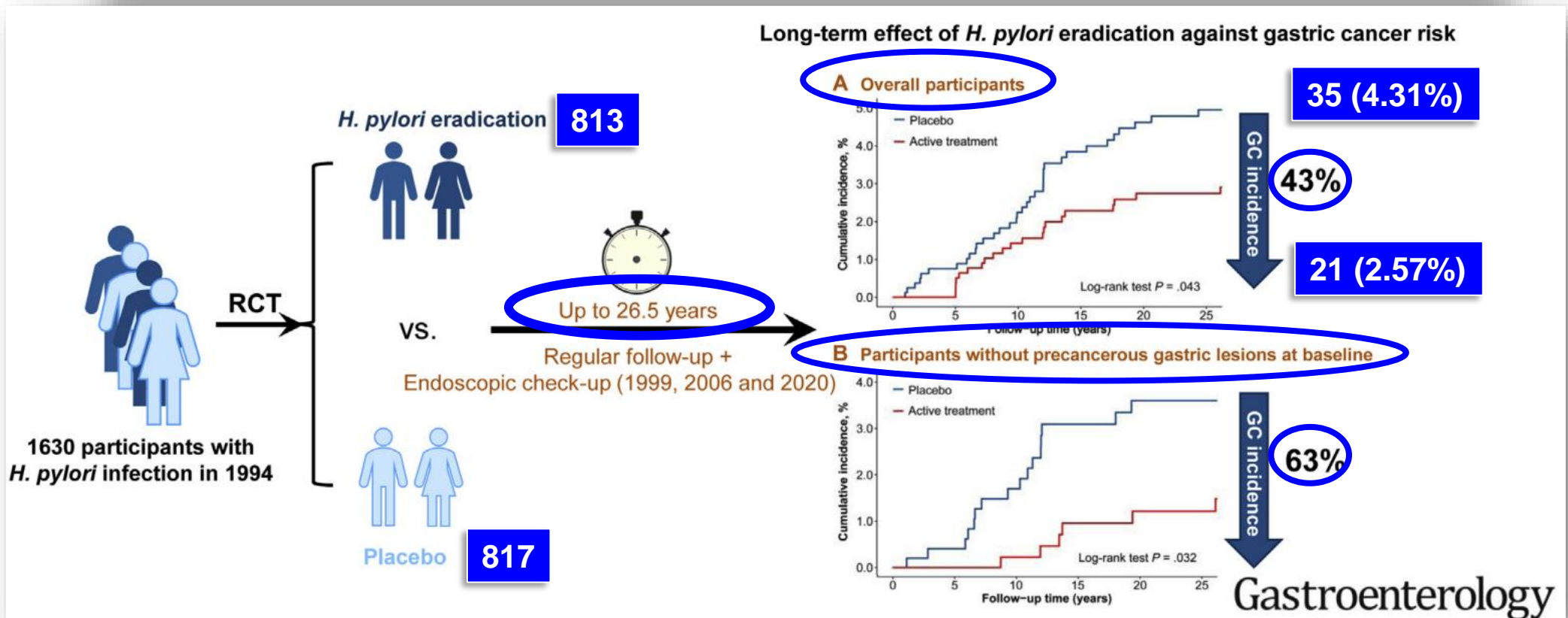


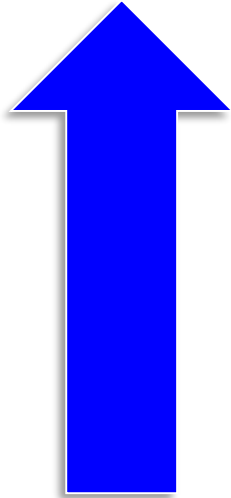
China

# Effect of *Helicobacter pylori* Eradication on Gastric Cancer Prevention: Updated Report From a Randomized Controlled Trial With 26.5 Years of Follow-up



Lingjun Yan,<sup>1,2,\*</sup> Ying Chen,<sup>3,4,\*</sup> Fa Chen,<sup>1,2</sup> Tao Tao,<sup>1,2</sup> Zhijian Hu,<sup>1,2</sup> Junzhuo Wang,<sup>1,2</sup> Jianwang You,<sup>4</sup> Benjamin C. Y. Wong,<sup>5</sup> Jianshun Chen,<sup>3,4</sup> and Weimin Ye<sup>1,2,6</sup>





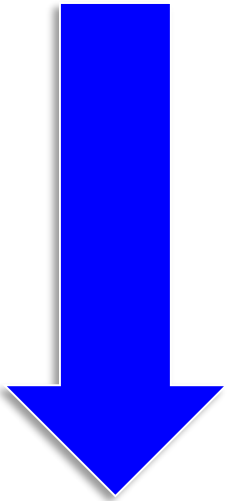
**Refrigerar**

**Prevención  
Primaria  
Cáncer Gástrico**


**Erradicar  
*H.pylori***



**Licor**

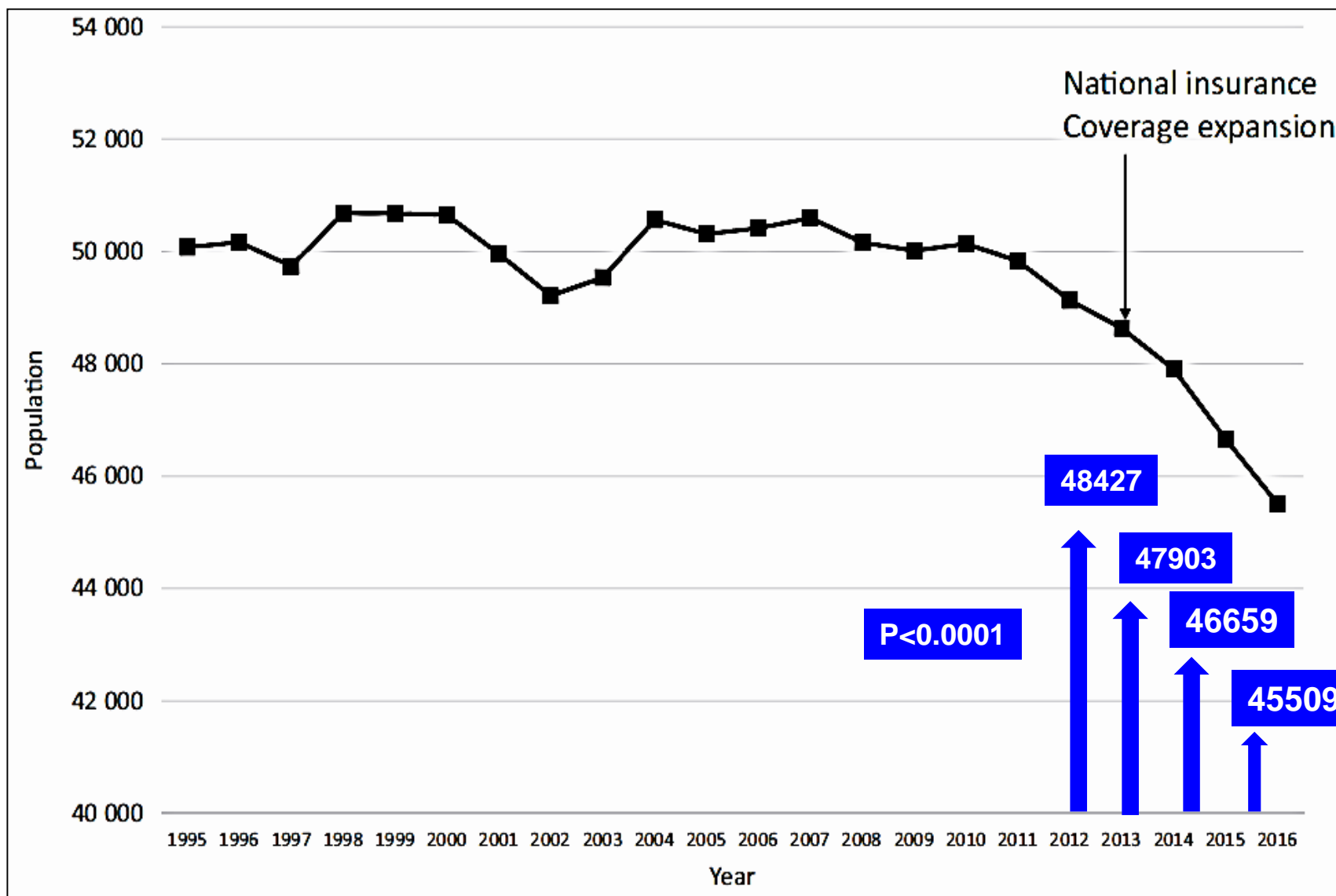


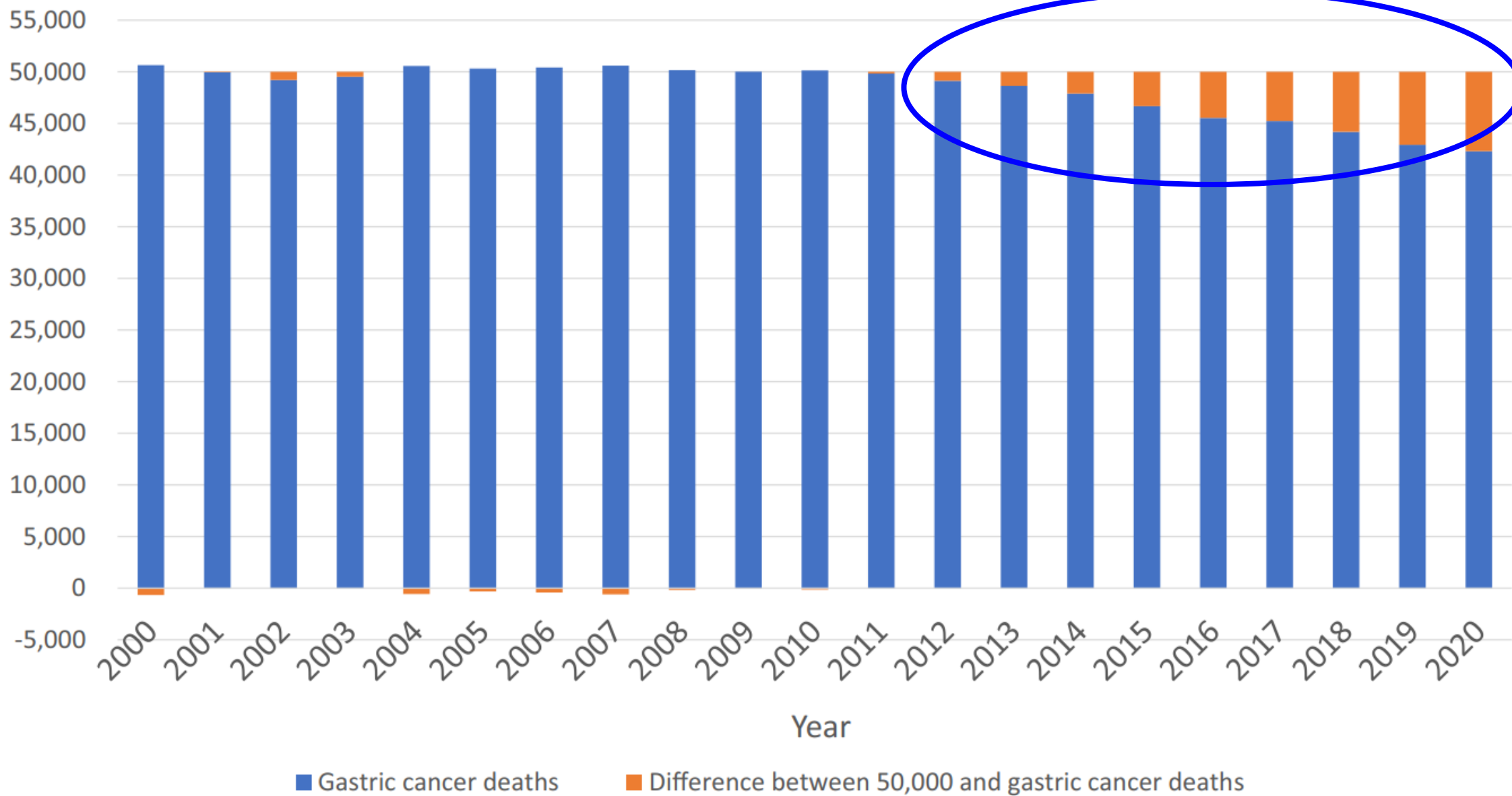
# Effect on *Helicobacter pylori* eradication therapy against gastric cancer in Japan

Momoko Tsuda<sup>1</sup> | Masahiro Asaka<sup>2</sup>  | Mototsugu Kato<sup>3</sup> | Rumiko Matsushima<sup>1</sup> | Kenji Fujimori<sup>4</sup> | Kozo Akino<sup>2</sup> | Shogo Kikuchi<sup>5</sup> | Yingsong Lin<sup>5</sup> | Naoya Sakamoto<sup>1</sup>

**Durante décadas: prevención secundaria (Rx)  
50.000 muertes/año, últimos 40 años (ningún cambio)**

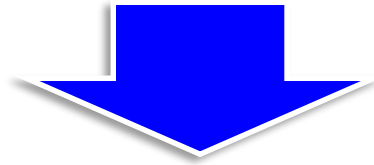
# Erradicación de *Helicobacter* y cáncer en Japón





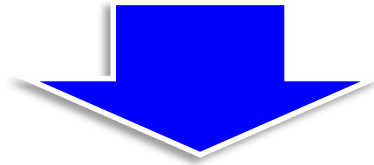
**Kowada A, Helicobacter. 2021 Jul 18:e12837.**

# Prevención secundaria



***Vigilar* Gastritis crónica avanzada**  
**Tamización endoscópica**  
**Serología**










**Prevención secundaria**



***Vigilar* Gastritis crónica avanzada**

# ***Endoscopios avanzados***

# Management of *Helicobacter pylori* infection: the Maastricht VI/Florence consensus report

Peter Malfertheiner ,<sup>1,2</sup> Francis Megraud ,<sup>3</sup> Theodore Rokkas ,<sup>4,5</sup>  
Javier P Gisbert ,<sup>6,7</sup> Jyh-Ming Liou ,<sup>8</sup> Christian Schulz ,<sup>1,9</sup>  
Antonio Gasbarrini,<sup>10</sup> Richard H Hunt,<sup>11,12</sup> Marcis Leja ,<sup>13,14</sup> Colm O'Morain,<sup>15</sup>  
Massimo Rugge ,<sup>16,17</sup> Sebastian Suerbaum,<sup>9,18</sup> Herbert Tilg ,<sup>19</sup>  
Kentaro Sugano ,<sup>20</sup> Emad M El-Omar ,<sup>21,22</sup> On behalf of the European  
Helicobacter and Microbiota Study group

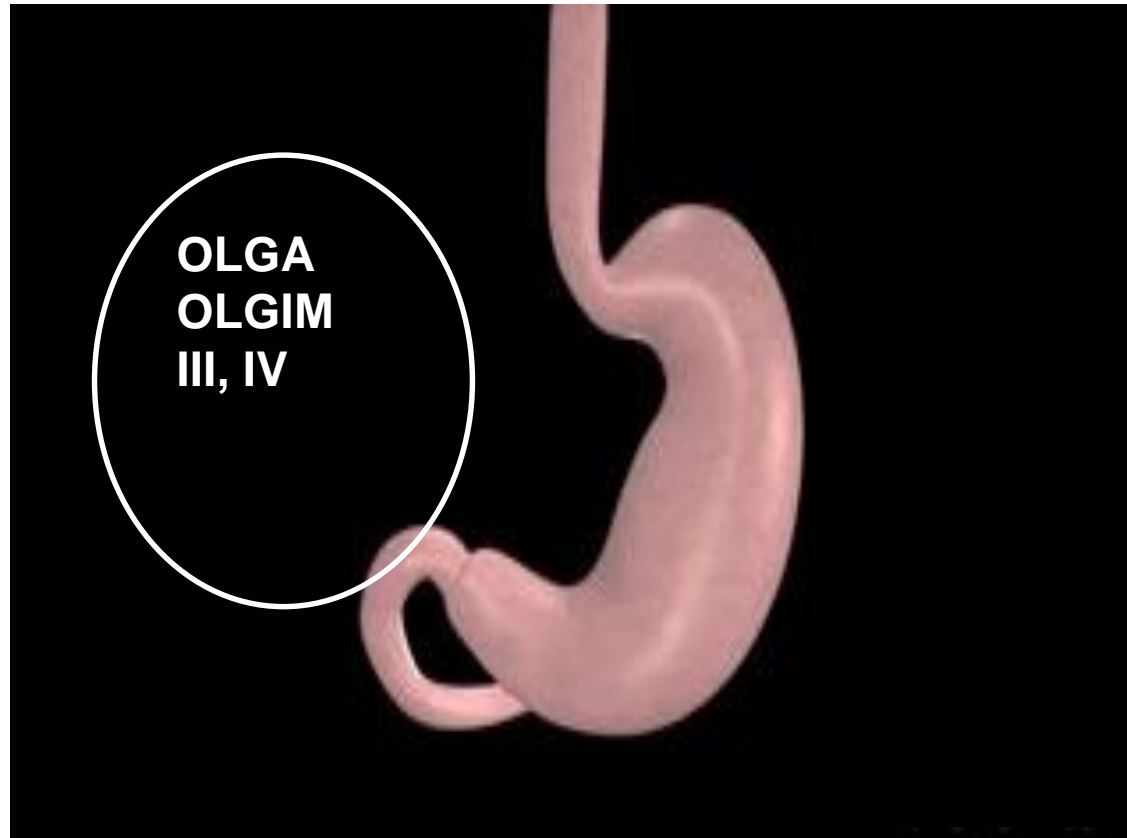
***Statement 3:* When endoscopy is indicated it should: (1) apply the best available technologies; (2) include biopsy sampling. Biopsy samples, as obtained in accordance with validated protocols, should result in both aetiological diagnosis and gastritis staging. Any focal lesions should be additionally sampled.**

**Agreement 100%**

**Grade A2**

# Estratificación de la atrofia o MI Biopsias

## Identificar el “Estómago premaligno”



Sugano K, Gut 2015;64:1353-67

Take S, J Gastroenterol 2020;55:281-8

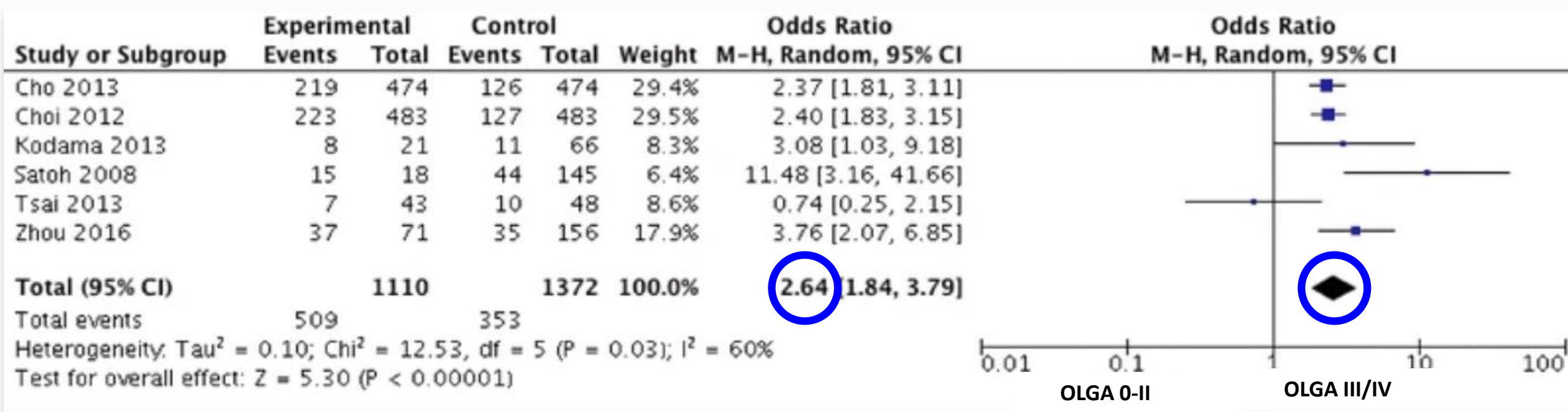
Malfertheiner P, Maastricht VI. Gut 2022 Online agosto 15

# The significance of OLGA and OLGIM staging systems in the risk assessment of gastric cancer: a systematic review and meta-analysis



Hu Yue<sup>1,2</sup> · Liu Shan<sup>1</sup> · Lv Bin<sup>1,2</sup>

**OLGA III/IV Casos y controles**

**Cáncer gástrico**

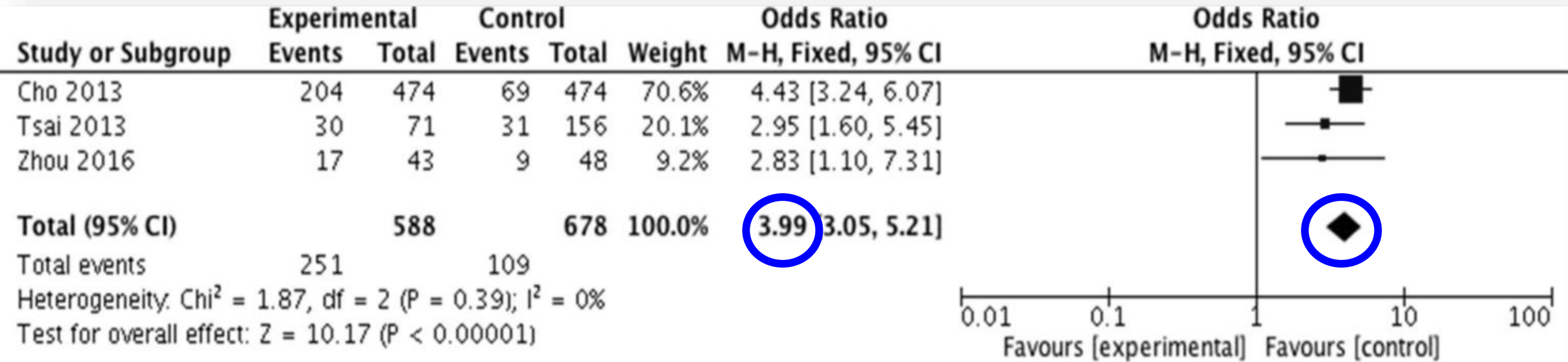


# The significance of OLGA and OLGIM staging systems in the risk assessment of gastric cancer: a systematic review and meta-analysis

Hu Yue<sup>1,2</sup>  · Liu Shan<sup>1</sup> · Lv Bin<sup>1,2</sup> 

**OLGIM III/IV, Casos y controles**

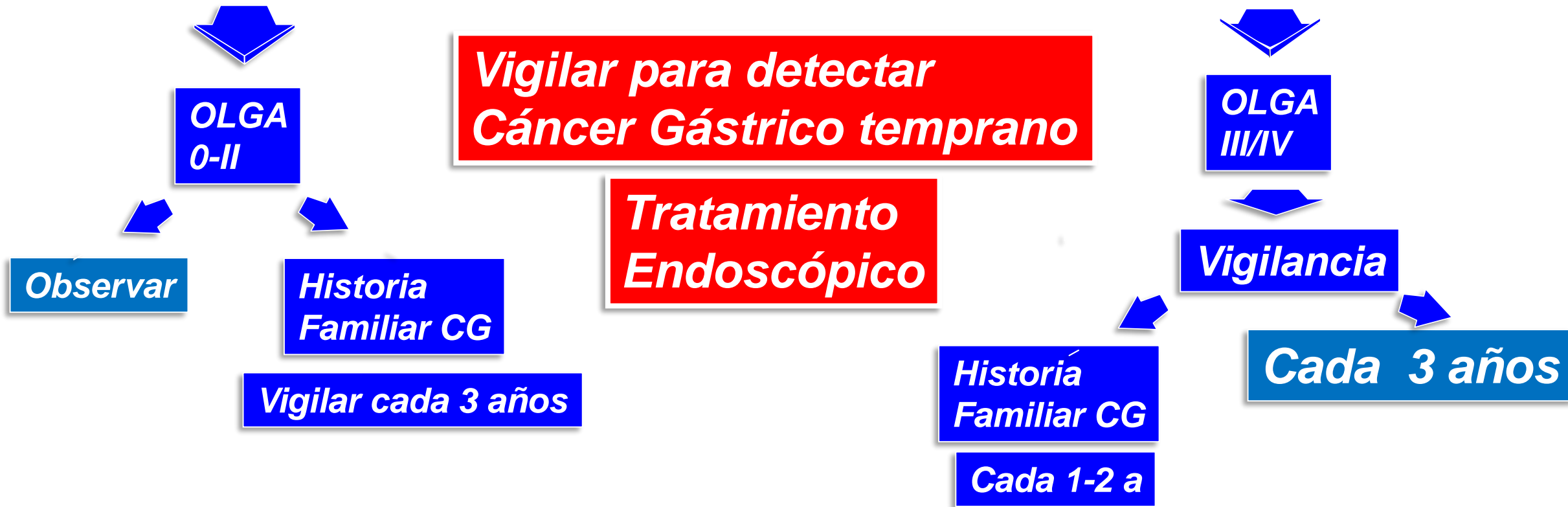
**Cáncer gástrico**



Yue H, et al. Gastric Cancer 2018;21: 579–87

# Vigilancia de Gastritis Crónica

**5 Biopsias: cuerpo (2), Antro (2), Incisura (1)**



Sugano K, Kyoto Consensus. Gut 2015; 64:1353-67

Zagari RM, Dig Liver Dis 2015;903-12

Rollán A, Rev Med Chile 2014;142:1181-92

Yue H, Gastric Cancer 2018;21:579-87

Shah SC Gastroenterology 2021;161:1325-32

Pimentel-Nunes P, Endoscopy 2019;51:365-88

***Muchas gracias !***

**Curso de actualización para  
El Primer Nivel de Atención  
En Gastroenterología  
Capna Gastro 2023**

**Actualización sobre *Helicobacter pylori*:  
Esquemas de tratamiento**



**William Otero Regino MD, FAGA, FACP  
Profesor Titular de Medicina  
Universidad Nacional de Colombia  
Hospital Universitario Nacional de Colombia**



**Canal de YouTube : William otero Gastroenterologo”**



# Curación *H.pylori*

1982



No hay tratamiento universal

Terapias locales optimizadas  
Farmacogenética IBP  
Patrón de resistencia

# *H.pylori*, muy difícil de matar



***Como toda infección***  
***Pruebas susceptibilidad***

# Antimicrobial susceptibility testing for *Helicobacter pylori*

## Traditional Approach

Best guess,  
based on experience



Antibiotic misuse and/or  
low eradication rates



## Antimicrobial Susceptibility Testing

### WHEN

Use when the cure rate with empiric therapy is <90% or after a failed attempt

### HOW

Gastric biopsy or stool



Culture or molecular testing (PCR or Next Generation Sequencing)



PCR or Next Generation Sequencing

### WHY

Use results to guide regimen selection, avoid inappropriate antibiotic use & improve eradication rates

**Terapia basada en  
Pruebas susceptibilidad**

*Versus*

**Terapias empíricas**

# Empirical vs. Susceptibility-Guided Treatment of *Helicobacter pylori* Infection: A Systematic Review and Meta-Analysis

*Olga P. Nyssen*<sup>1,2,3</sup>, *Marta Espada*<sup>1,2,3</sup> and *Javier P. Gisbert*<sup>1,2,3\*</sup>

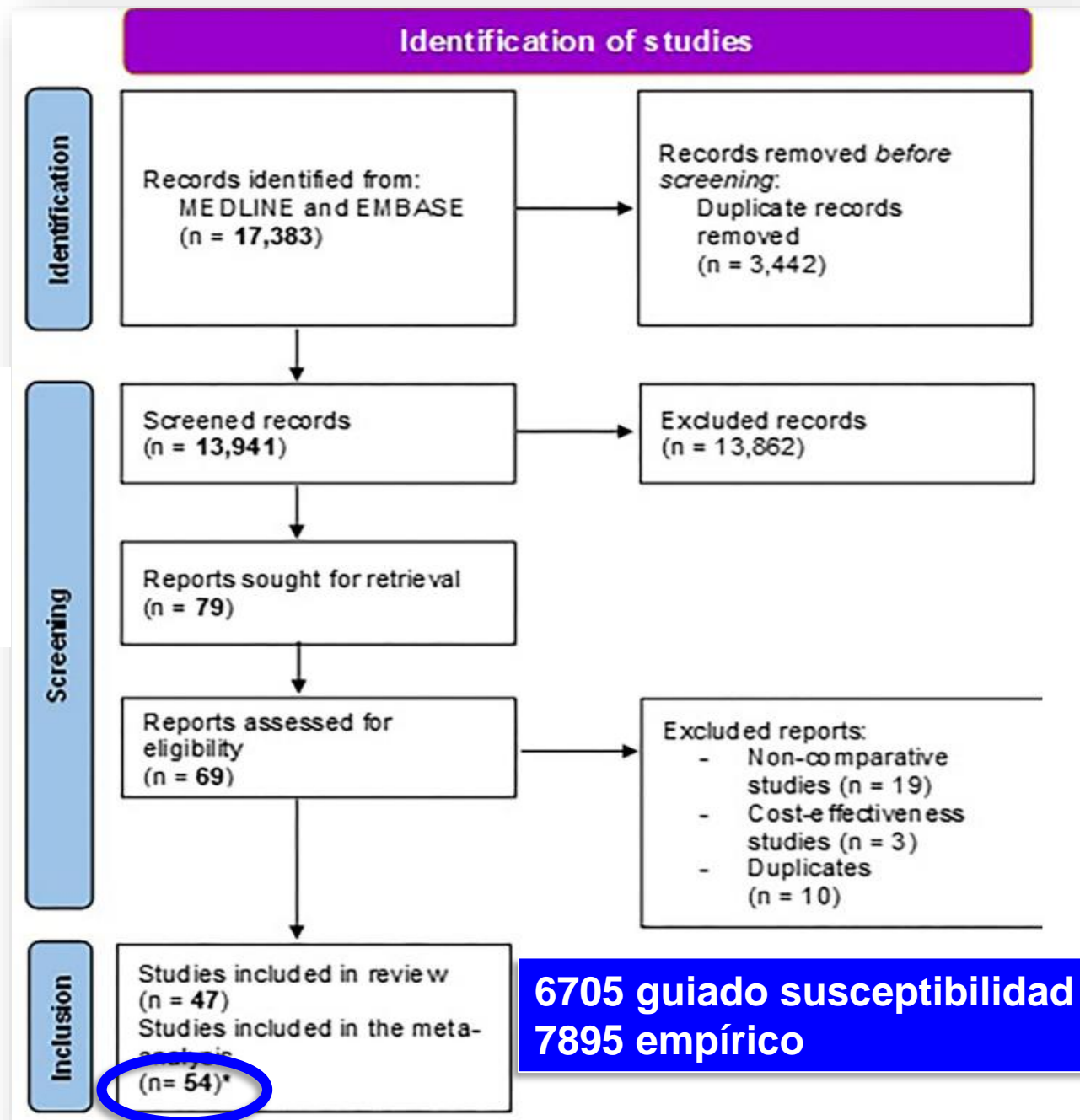
<sup>1</sup> Gastroenterology Unit, Instituto de Investigación Sanitaria Princesa (IIS-Princesa), Hospital Universitario de La Princesa, Madrid, Spain, <sup>2</sup> Universidad Autónoma de Madrid (UAM), Madrid, Spain, <sup>3</sup> Centro de Investigación Biomédica en Red de Enfermedades Hepáticas y Digestivas (CIBEREHD), Madrid, Spain

Nyssen OP, Front Microbiol 2022;13: Article 913436

# Empirical vs. Susceptibility-Guided Treatment of *Helicobacter pylori* Infection: A Systematic Review and Meta-Analysis

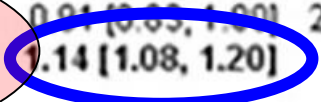
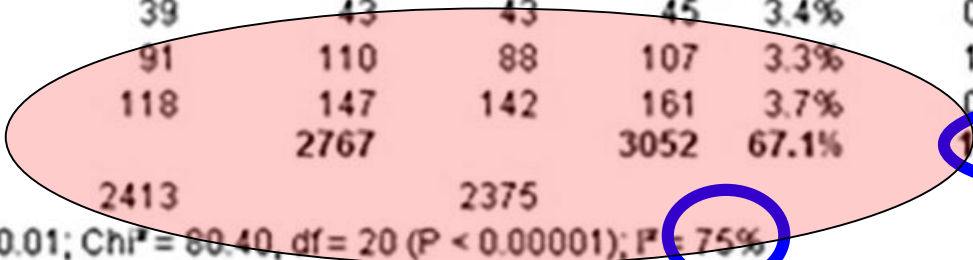
Olga P. Nyssen<sup>1,2,3</sup>, Marta Espada<sup>1,2,3</sup> and Javier P. Gisbert<sup>1,2,3\*</sup>

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# Primera Línea

Study or Subgroup	Susceptibility-guided		Empiric regimen		Weight	Risk Ratio		Year	Risk Ratio	
	Events	Total	Events	Total		M-H, Random, 95% CI			M-H, Random, 95% CI	
<b>1.5.1 First-line</b>										
Toracchio 2000	48	53	42	56	2.6%	1.21 [1.01, 1.44]		2000		
Romano 2000	38	40	31	40	2.5%	1.23 [1.02, 1.47]		2000		
Neri 2003	88	116	78	116	2.8%	1.13 [0.96, 1.33]		2003		
Romano 2003	71	75	58	75	3.2%	1.22 [1.07, 1.40]		2003		
Marzio (a) 2006	39	41	36	39	3.5%	1.03 [0.92, 1.16]		2006		
Furuta 2007	144	150	105	150	3.5%	1.37 [1.23, 1.53]		2007		
Wang 2008	36	40	57	80	2.6%	1.26 [1.06, 1.50]		2008		
Zhou 2010	117	125	107	135	3.7%	1.18 [1.07, 1.30]		2010		
Park 2014	54	57	41	57	2.6%	1.32 [1.11, 1.57]		2014		
Martos 2014	52	55	36	54	2.3%	1.42 [1.16, 1.73]		2014		
Dong 2015	41	45	33	45	2.3%	1.24 [1.02, 1.52]		2015		
Zhuo 2015	281	313	405	500	4.2%	1.11 [1.05, 1.17]		2015		
Zhou 2016	282	318	545	700	4.2%	1.14 [1.08, 1.20]		2016		
Kawai 2018	33	35	25	35	2.1%	1.32 [1.05, 1.65]		2018		
Ong 2019	164	201	169	196	3.8%	0.95 [0.87, 1.03]		2019		
Chen 2019	262	286	82	96	3.8%	1.07 [0.98, 1.17]		2019		
Delchier 2019	177	207	152	208	3.7%	1.17 [1.06, 1.29]		2019		
Pan 2020	238	310	100	157	3.2%	1.21 [1.06, 1.38]		2020		
Bonoso (a) 2021	39	43	43	45	3.4%	0.95 [0.85, 1.06]		2021		
Choi 2021	91	110	88	107	3.3%	1.01 [0.89, 1.14]		2021		
Cha 2021	118	147	142	161	3.7%	0.91 [0.85, 0.97]		2021		
<b>Subtotal (95% CI)</b>		<b>2767</b>		<b>3052</b>	<b>67.1%</b>	<b>1.14 [1.08, 1.20]</b>				
Total events	2413		2375							
Heterogeneity: Tau <sup>2</sup> = 0.01; Chi <sup>2</sup> = 60.40, df = 20 (P < 0.00001); I <sup>2</sup> = 75%										
Test for overall effect: Z = 5.03 (P < 0.00001)										



77%

87%

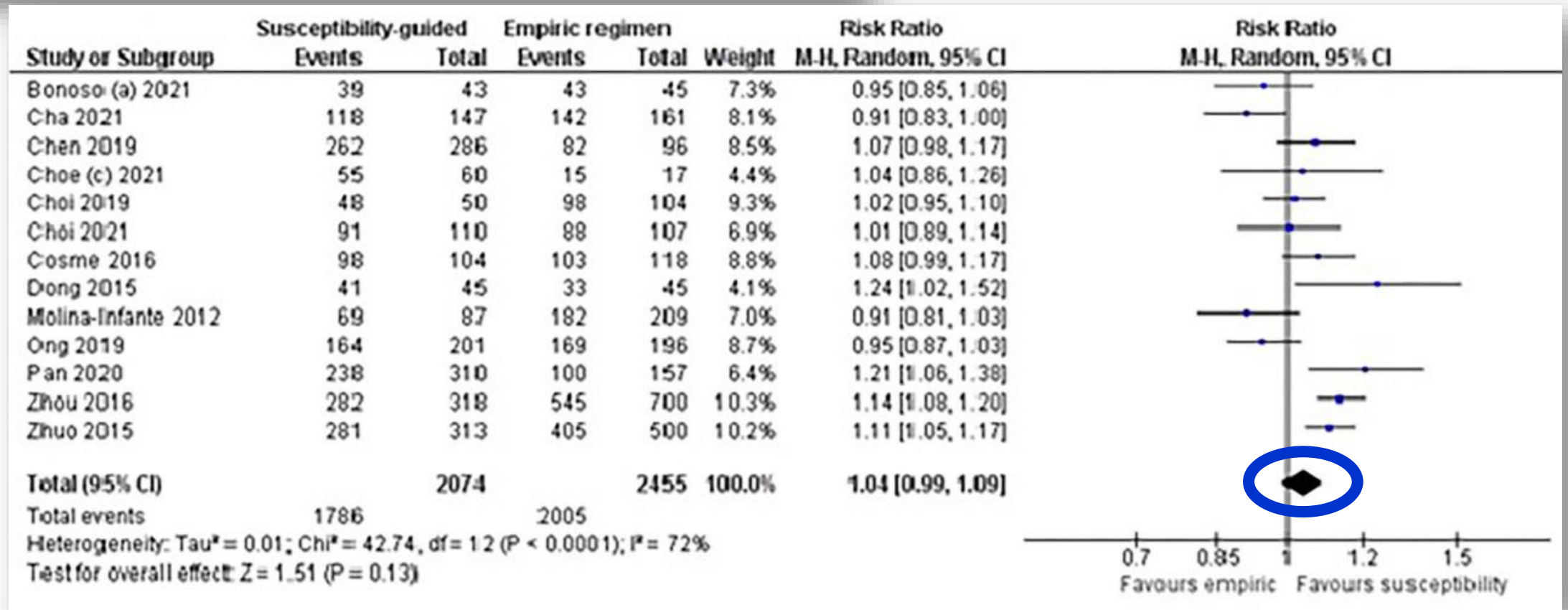
Empírica

Guiada

# Empirical vs. Susceptibility-Guided Treatment of *Helicobacter pylori* Infection: A Systematic Review and Meta-Analysis

Olga P. Nyssen<sup>1,2,3</sup>, Marta Espada<sup>1,2,3</sup> and Javier P. Gisbert<sup>1,2,3\*</sup>

Cuádruple con o sin Bismuto



Segunda  
Línea

**1.5.2 Second-line**

Avidan 2001	5	5	5	5	1.2%	1.00 [0.71, 1.41]	2001
Lamouliatte 2003	84	113	83	172	2.4%	1.54 [1.28, 1.86]	2003
Miwa 2003	31	38	36	39	2.6%	0.88 [0.74, 1.05]	2003
Marzio (b) 2006	50	51	26	32	2.7%	1.21 [1.02, 1.43]	2006
Bonoso(b) 2021	8	9	6	6	1.3%	0.92 [0.66, 1.28]	2021
<b>Subtotal (95% CI)</b>		<b>216</b>		<b>254</b>	<b>10.2%</b>	<b>1.10 [0.85, 1.41]</b>	
Total events	178		156				

Heterogeneity: Tau<sup>2</sup> = 0.07; Chi<sup>2</sup> = 25.15, df = 4 (P < 0.0001); I<sup>2</sup> = 84%  
Test for overall effect: Z = 0.73 (P = 0.47)

Tercera  
Línea

**1.5.3 Third-line**

Liou (a) 2018	17	21	12	20	0.9%	1.35 [0.89, 2.04]	2018
Liou (b) 2018	160	205	148	205	3.5%	1.08 [0.97, 1.21]	2018
Bonoso (c) 2021	1	1	2	4	0.1%	1.50 [0.46, 4.91]	2021
<b>Subtotal (95% CI)</b>		<b>227</b>		<b>229</b>	<b>4.5%</b>	<b>1.10 [0.99, 1.23]</b>	
Total events	178		162				

Heterogeneity: Tau<sup>2</sup> = 0.00; Chi<sup>2</sup> = 1.00, df = 2 (P = 0.59); I<sup>2</sup> = 0%  
Test for overall effect: Z = 0.73 (P = 0.47)

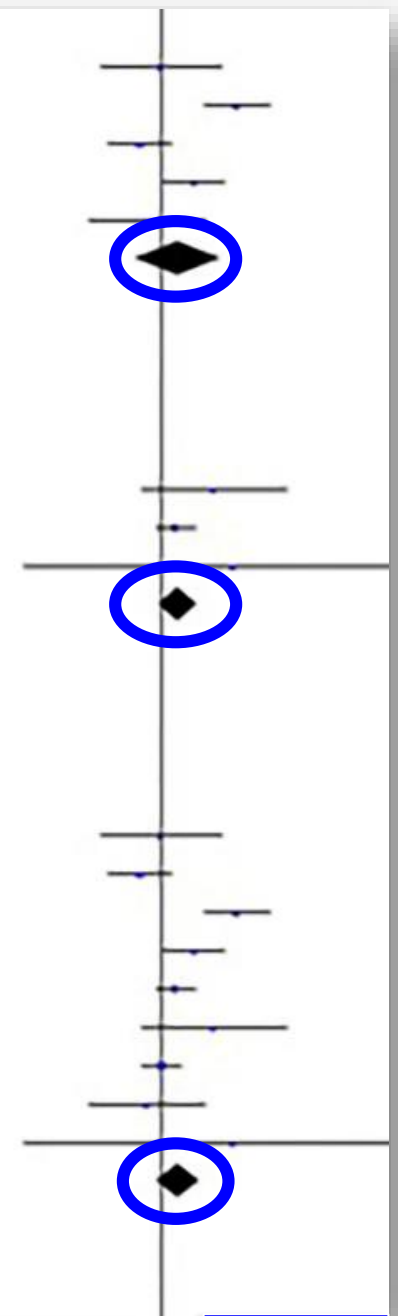
Todas  
rescate

**1.5.4 All**

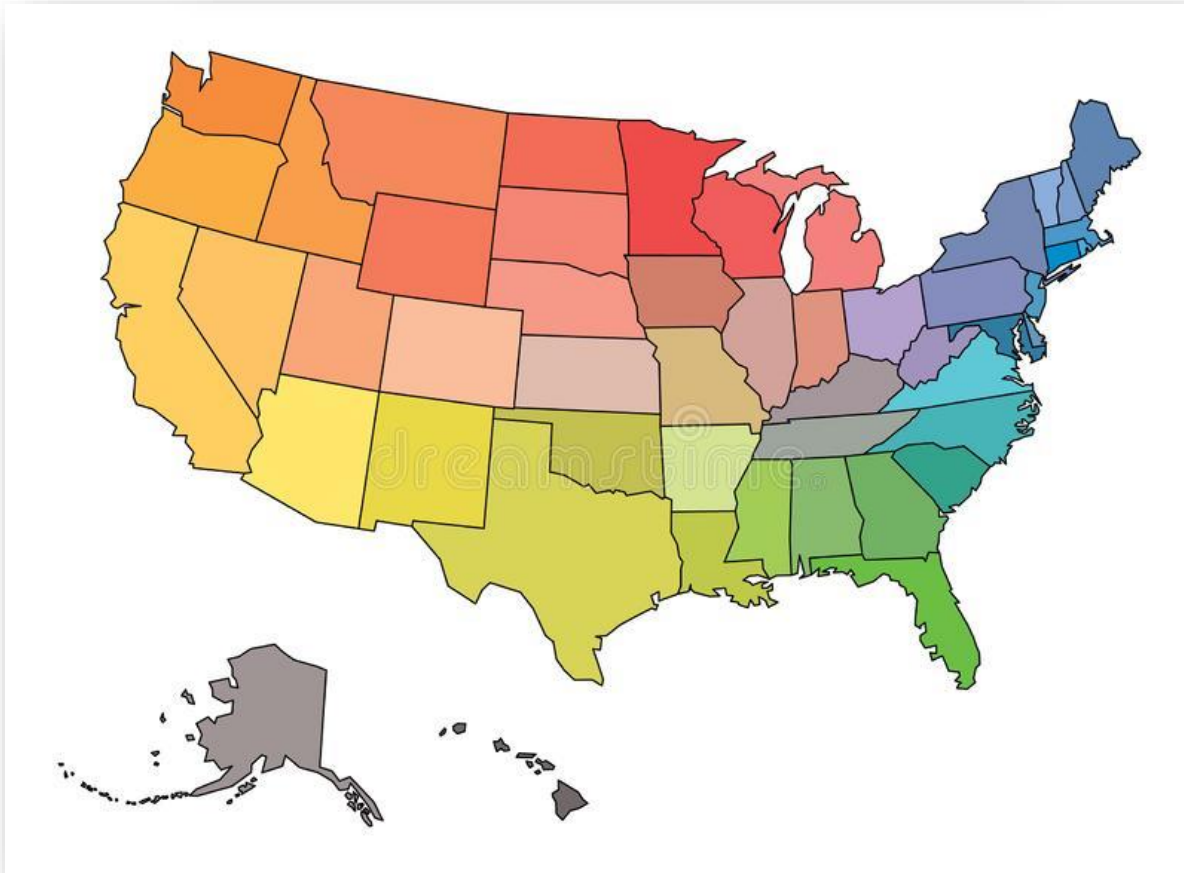
Avidan 2001	5	5	5	5	1.2%	1.00 [0.71, 1.41]	2001
Miwa 2003	31	38	36	39	2.6%	0.88 [0.74, 1.05]	2003
Lamouliatte 2003	84	113	83	172	2.4%	1.54 [1.28, 1.86]	2003
Marzio (b) 2006	50	51	26	32	2.7%	1.21 [1.02, 1.43]	2006
Liou (b) 2018	160	205	148	205	3.5%	1.08 [0.97, 1.21]	2018
Liou (a) 2018	17	21	12	20	0.9%	1.35 [0.89, 2.04]	2018
Ji 2020	164	220	156	210	3.5%	1.00 [0.90, 1.12]	2020
Bonoso(b) 2021	8	9	6	6	1.3%	0.92 [0.66, 1.28]	2021
Bonoso (c) 2021	1	1	2	4	0.1%	1.50 [0.46, 4.91]	2021
<b>Subtotal (95% CI)</b>		<b>663</b>		<b>693</b>	<b>18.2%</b>	<b>1.10 [0.97, 1.25]</b>	
Total events	520		474				

Heterogeneity: Tau<sup>2</sup> = 0.02; Chi<sup>2</sup> = 25.47, df = 8 (P = 0.001); I<sup>2</sup> = 69%  
Test for overall effect: Z = 1.54 (P = 0.12)

**El beneficio de las terapias  
Guiadas no fue demostrado**



# Helicobacter pylori



# ***Resistencias***



**Claritromicina  
> 15%**

**Levofloxacin  
>15%**

**Metronidazol  
>60%**

**No están disponibles  
No existen  
Todos los antibióticos**

# ***Mundialmente por fuera de USA***

***No hay disponibilidad  
Pruebas susceptibilidad***














***Optimizar Tratamiento empírico***



***Resistencia***

# Management of *Helicobacter pylori* infection: the Maastricht VI/Florence consensus report

Peter Malfertheiner  <sup>1,2</sup> Francis Megraud  <sup>3</sup> Theodore Rokkas  <sup>4,5</sup>  
Javier P Gisbert  <sup>6,7</sup> Jyh-Ming Liou  <sup>8</sup> Christian Schulz  <sup>1,9</sup>  
Antonio Gasbarrini, <sup>10</sup> Richard H Hunt, <sup>11,12</sup> Marcis Leja  <sup>13,14</sup> Colm O'Morain, <sup>15</sup>  
Massimo Rugge  <sup>16,17</sup> Sebastian Suerbaum, <sup>9,18</sup> Herbert Tilg  <sup>19</sup>  
Kentaro Sugano  <sup>20</sup> Emad M El-Omar  <sup>21,22</sup> On behalf of the European  
Helicobacter and Microbiota Study group

**Malfertheiner P, Maastricht VI, Gut 2022, Online agosto 8**

# Resistencia a claritromicina > 15% o desconocida

Primera  
Línea

1ª opción Cuádruple Bismuto

Falla

2ª opción Cuádruple sin bismuto: Concomitante  
IBP + Amoxicilina + Claritromicina + metronidazol

Falla

Segunda  
Línea

Triple-Cuádruple  
IBP+Levo

**Esto es una propuesta  
Nadie lo ha verificado**

Cuádruple

Triple/Cuádruple  
pifloxacina

Falla

Tercera  
Línea

Triple Rifabutina  
Bismuto + otros antibióticos  
Amoxi-Claritromicina-Metr

Triple-Levo

Cuádruple  
Bismuto

Falla

Falla

Triple Rifabutina

Triple Rifabutina

Terapia Dual

# Empirical rescue therapy after *Helicobacter pylori* treatment failure: a 10-year single-centre study of 500 patients

J. P. GISBERT, J.-L. GISBERT, S. MARCOS, I. JIMENEZ-ALONSO, R. MORENO-OTERO & J. M. PAJARES

500 pacientes

Primera línea

70%

**En cada región o país se diseñaría  
Conocer cuál sería la secuencia exitosa!**

Tercera línea

76% (55–89%)

Eficacia  
acumulada

99.5% (98.2-99.8%)

# Tratamiento *H.pylori* 2023



Uno o más antibióticos

Amoxicilina

Tetraciclina

Claritromicina

Metronidazol

Quinolonas

Furazolidona

Bismuto

Rifabutina

# LATAM Terapia cuádruple con bismuto 14 días

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**IBP**

+



30 min antes desayuno  
30 min antes de cena

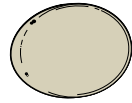
**Bismuto SS**



Inmediatamente antes del desayuno  
Inmediatamente antes de cena

+

**Tetraciclina 500 mg**



Cada seis horas  
Una después de cada comida y 10 pm

+

**Metronidazol 500 mg**



Cada seis horas  
Una después de cada comida y 10 pm

**90-95% éxito independiente de resistencia**

# Bismuto dos veces al día

Year	Location	Bismuth <sup>a</sup>	Tetracyc	Metro	Meals	PPI**	Days	No.	PP%	ITT%	Ref.
1997	USA	BSS 524 b.i.d.	500 b.i.d.	500 b.i.d.	AM, PM	L 15 b.i.d.	10	46	75	70	56
2002	Italy	BSC 240 b.i.d.	500 b.i.d.	500 b.i.d.	Noon, PM	P 20 b.i.d.	14	118	98	95	52
2003	Italy	BSC 240 b.i.d.	500 b.i.d.	500 b.i.d.	Noon, PM	P 20 b.i.d.	14	71	97	93	53
2004	USA	BSS 524 b.i.d.	500 b.i.d.	500 b.i.d.	AM, PM	R 20 b.i.d.	14	37	92.3	92.3	56
2006	Italy	BSC 240 b.i.d.	500 b.i.d.	500 b.i.d.	AM, PM	E 20 b.i.d.	10	95	95	91	55
2009	China	BSC 220 b.i.d.	750 b.i.d.	400 b.i.d.	AM, PM	P 40 b.i.d.	7	43	82.9	79.1	57
2009	China <sup>a</sup>	BSC 220 b.i.d.	750 b.i.d.	400 b.i.d.	AM, PM	P 40 b.i.d.	10	45	90.9	88.9	57
2010	China <sup>a</sup>	BSC 220 b.i.d.	750 b.i.d.	400 b.i.d.	AM, PM	P 40 b.i.d.	10	85	91.6.	89.9	58
2011	Italy	BSC 240 b.i.d.	500 b.i.d.	500 b.i.d.	Noon, PM	P 20 b.i.d.	14	202	98	92	109
2011	Italy	BSC 240 b.i.d.	500 b.i.d.	500 b.i.d.	Noon, PM	P 20 b.i.d.	10	215	95	92	109
2013	Turkey	BSC 600 b.i.d.	500 b.i.d.	500 b.i.d.	AM, PM	O 20 b.i.d.	14	38	86.8	73.3	110
2005	Iran	BSC 240 b.i.d.	500 b.i.d.	500 b.i.d.	AM, PM	O 20 b.i.d.	14	76	-	76.3	111
2006	Iran <sup>a</sup>	BSC 240 b.i.d.	750 b.i.d.	500 b.i.d.	AM, PM	O 20 b.i.d.	3	40	54	50	75
2006	Iran <sup>a</sup>	BSC 240 b.i.d.	750 b.i.d.	500 b.i.d.	AM, PM	O 20 b.i.d.	7	41	45.9	41.4	75
2006	Iran <sup>a</sup>	BSC 240 b.i.d.	750 b.i.d.	500 b.i.d.	AM, PM	O 20 b.i.d.	14	40	40	35	75

Graham DY, Gastroenterol Clin N Am 2015;44: 537–563

## Colombia y LATAM

~~IBP en pacientes d  
Amoxi 875 mg c/6h +  
Claritromicina 500 mg  
*Levofloxacino 500 mg/12h*~~

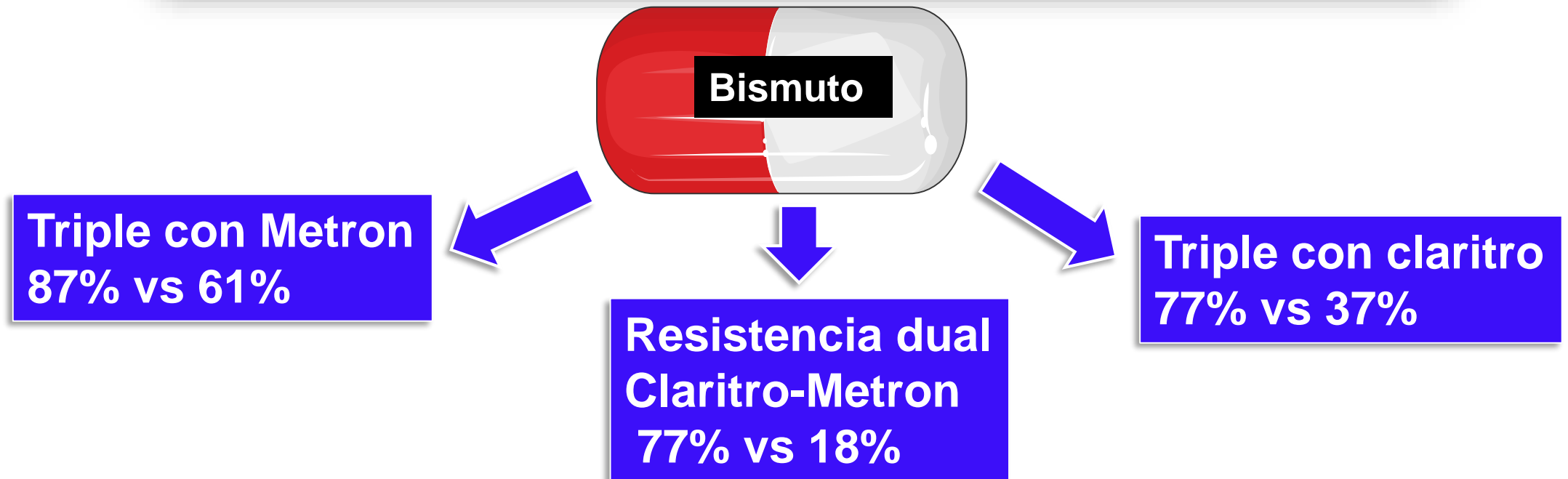
**Sólo con pruebas  
de susceptibilidad**

**Empíricamente  
Agregando bismuto**

Lee YC, Annu Rev Med 2022; 73:183-95  
Ko SW, Helicobacter 2019;24:e12570  
Gilbert JP, Moleculas 2020;25:5084

# Efficacy of bismuth for antibiotic-resistant *Helicobacter pylori* strains eradication: A systematic review and meta-analysis

Zhongxue Han<sup>1,2,3</sup> | Yueyue Li<sup>1,2,3</sup> | Qingzhou Kong<sup>1,2,3</sup> | Jing Liu<sup>1,2,3</sup> | Juan Wang<sup>1,2,3</sup>  
Meng Wan<sup>1,2,3</sup> | Minjuan Lin<sup>1,2,3</sup> | Boshen Lin<sup>1,2,3</sup> | Wenlin Zhang<sup>1,2,3</sup> |  
Yuming Ding<sup>1,2,3</sup> | Shaotong Wang<sup>1,2,3</sup> | Yijun Mu<sup>1,2,3</sup> | Miao Duan<sup>1,2,3</sup> |  
Xiuli Zuo<sup>1,2,3</sup>  | Yan-qing Li<sup>1,2,3</sup> 



## Combination of Bismuth and Standard Triple Therapy Eradicates *Helicobacter pylori* Infection in More than 90% of Patients

Adrian G. McNicholl,<sup>\*</sup> Dmitry S. Bordin,<sup>‡</sup> Alfredo Lucendo,<sup>§</sup> Galina Fadeenko,<sup>||</sup> Manuel Castro Fernandez,<sup>¶</sup> Irina Voynovan,<sup>#</sup> Natalia Valerievna Zakharova,<sup>\*\*</sup> Aiman Silkanovna Sarsenbaeva,<sup>‡‡</sup> Luis Bujanda,<sup>§§</sup> Ángeles Perez-Aisa,<sup>|||</sup> Liudmila Vologzhanina,<sup>¶¶</sup> Oleg Zaytsev,<sup>##</sup> Tatiana Ilchishina,<sup>\*\*\*</sup> Cristobal de la Coba,<sup>‡‡‡</sup> Jorge Perez Lasala,<sup>§§§</sup> Sergey Alekseenko,<sup>||||</sup> Ines Modolell,<sup>¶¶¶</sup> Javier Molina-Infante,<sup>###</sup> Rafael Ruiz-Zorrilla Lopez,<sup>\*\*\*\*</sup> Horacio Alonso-Galan,<sup>§§</sup> Nuria Fernandez Moreno,<sup>|||</sup> Jen Hinojosa,<sup>|||</sup> Inmaculada Santaella,<sup>|||</sup> Pilar Varela,<sup>‡‡‡</sup> Pedro Luis Gonzalez-Cordero,<sup>###</sup> Jesus Barrio,<sup>‡‡‡‡</sup> Jose Luis Dominguez-Jimenez,<sup>§§§§</sup> Oscar Nuñez,<sup>||||||</sup> Javier Alcedo,<sup>¶¶¶¶</sup> Olga P. Nyssen,<sup>\*</sup> Maria Caldas,<sup>\*</sup> Maria G. Donday,<sup>\*</sup> Oleg Shvetz,<sup>####</sup> Francis Megraud,<sup>\*\*\*\*\*</sup> Colm O'Morain,<sup>‡‡‡‡‡</sup> and Javier P. Gisbert<sup>\*</sup>

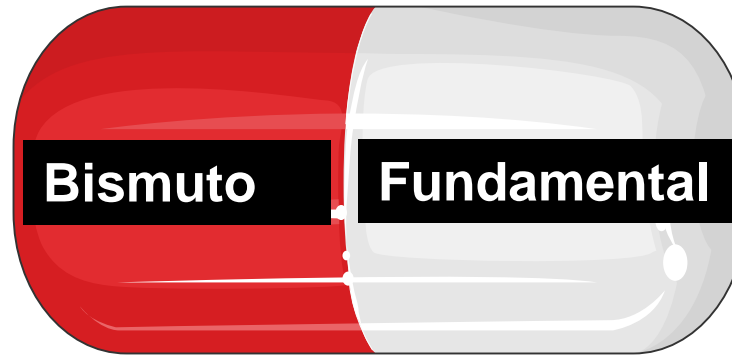
1141 pacientes “naive”

Amoxicilina+ claritromicina+ Bismuto+1bp 14 días

90%

Clin Gastroenterol Hepatol 2020;18:89-98

# 7 terapias



**Cuádruple Clásica**  
IBP + Tetracicl + Metronid + *Bi*

**Triples tradicionales**  
IBP + Amox + Clar + *Bi*

**Cuádruple FRZ**  
IBP + FRZ + Tetrac + *Bi*

**20-30%**

IBP + Amox + levo+ *Bi*

**Cuádruple FRZ**  
IBP + FRZ+ Amox + *Bi*

IBP + Amox + Metr + *Bi*

**Otras Cuádruples**  
IBP + Amoxi +Tetraci + *Bi*

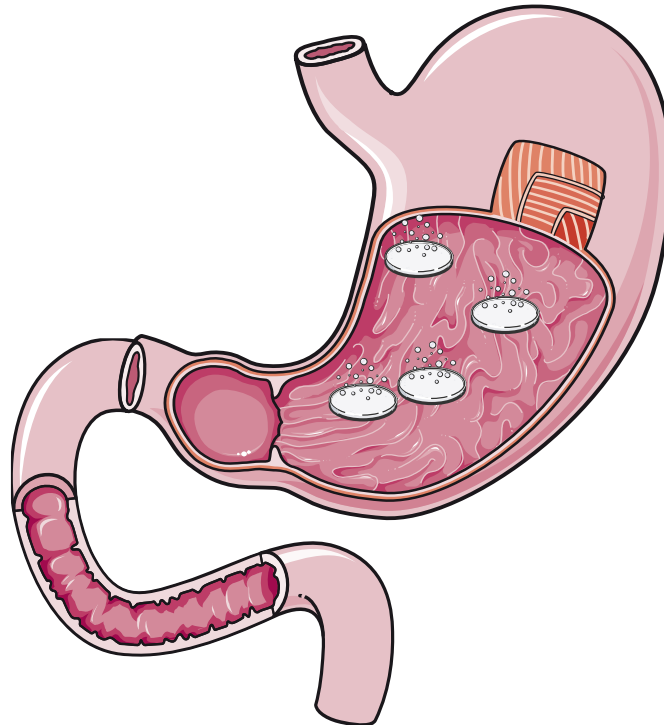
Otero W, Rev Col Gastroenterol 2022, sometido a publicación  
Cho JH, et al. World J Clin Cas 2022;10:6349-59

**Dual  
14 dïas**

**Consensos  
Rescate**

**Amoxicilina optimizada  
1gr 3v/dia o 1 gr cada 6h (peso)**

**Dosis altas IBP 3 v/dia**

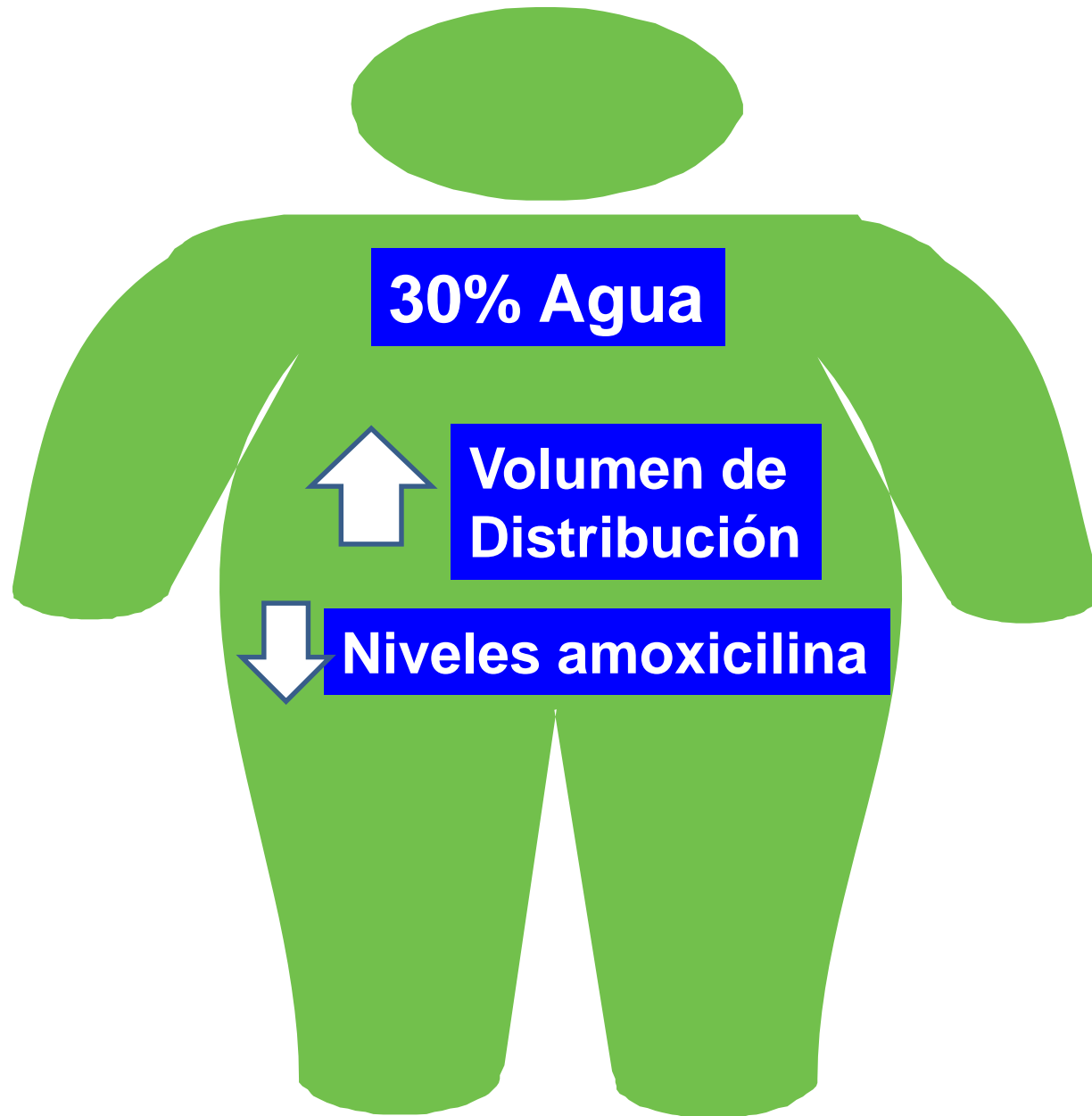


## Impact of body size on first-line *Helicobacter pylori* eradication success using vonoprazan and amoxicillin dual therapy


Hiroyuki Eto<sup>1</sup>  | Sho Suzuki<sup>2,3</sup>  | Chika Kusano<sup>2</sup> | Hisatomo Ikehara<sup>2</sup> | Ryoji Ichijima<sup>2</sup> | Hirotaka Ito<sup>4</sup> | Koichi Kawabe<sup>5</sup> | Masashi Kawamura<sup>6</sup> | Yoshioki Yoda<sup>7</sup> | Moriyasu Nakahara<sup>1</sup> | Takuji Gotoda<sup>2</sup> 

Factors	Eradication success	P-value
<1.723	90.8% (99/109)	0.045 <sup>‡</sup>
≥1.723	79.6% (43/54)	

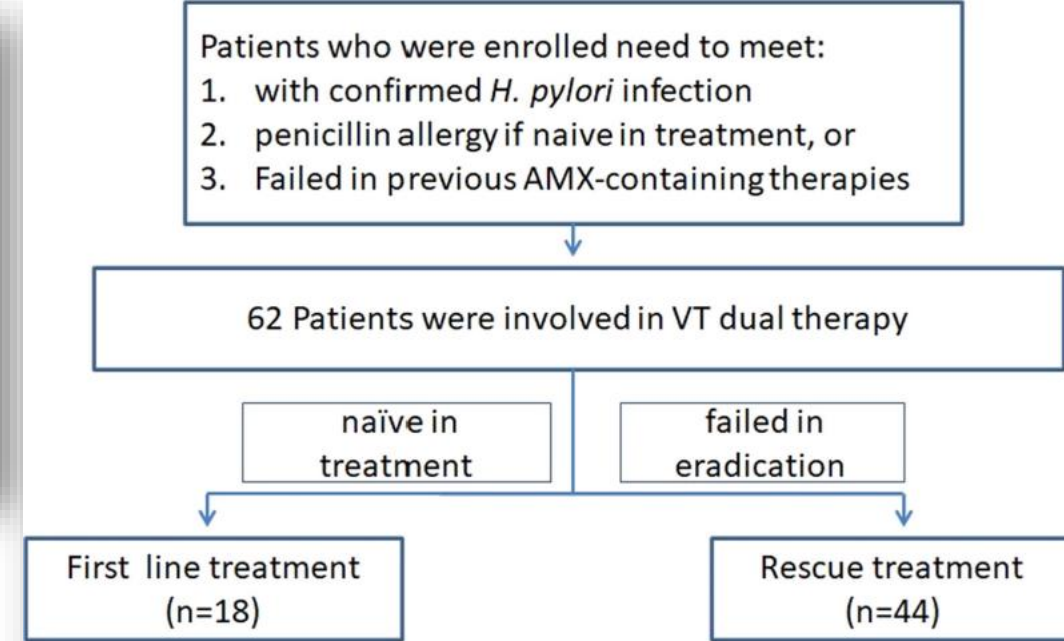
BMI (kg/m <sup>2</sup> )	Eradication success	P-value
<22.4	95.6% (43/45)	0.047 <sup>‡</sup>
≥22.4	83.9% (99/118)	



# A real-world exploratory study on the feasibility of vonoprazan and tetracycline dual therapy for the treatment of *Helicobacter pylori* infection in special populations with penicillin allergy or failed in previous amoxicillin-containing therapies

Wen Gao<sup>1</sup> | Ying Xu<sup>1</sup> | Jianxiang Liu<sup>1</sup> | Xiaolei Wang<sup>1</sup> | Xinhong Dong<sup>1</sup> |  
 Guigen Teng<sup>1</sup> | Binbin Liu<sup>1</sup> | Jinpei Dong<sup>1</sup> | Chaoyi Ge<sup>1</sup> | Hui Ye<sup>2</sup> | Xuezhi Zhang<sup>2</sup> |  
 Hong Cheng<sup>1</sup> 

**< 75 Kg Tetraciclina 500 mg 3 v/día**  
**>75 Kg Tetraciclina 500 mg 4 v/día**



VT dual therapy				
	First-line treatment (n = 18)	Rescue treatment (n = 44)	p Value	Total (n = 62)
Eradicated	18	40	.18	58
Failed	0	4		4
Eradication rate (95% CI)	100% (82.4-100%)	90.9% (78.8-96.4%)		<b>93.5% (84.5-97.5%)</b>

# Tratamiento *H.pylori*

## 1ª línea

Cuádruple clásica  
IBP +Amox+Tetrac+Bi  
Triple Claritromicina + Bi  
**Dual: IBP+ AMOX**  
**IBP +Tetrac**

## 2ª línea 10-20%

Cuádruple clásica  
IBP+Amox+ Tetrac +Bi  
Triple **levofloxacin** +Bi  
Dual

## 3ª línea 5-10%

Cuádruple clásica  
Triple **levofloxacin** +Bi  
Concomitante  
Dual

## 4ª línea

Cuádruples Furazolidona  
Cuádruple Rifabutina

*Liou JM, Gut Liv 2021 On line March 31c*  
*Otero W, Temas Escogidos Gastroenterologia, ACG 2022*  
*Otero W, PLM Ecuador 2023*

**Verificación de curación  
> 4 semanas pos tratamiento**



**UBT C<sup>13</sup> No radiactivo**

**Del Escaneo a los Resultados en 3 Pasos**

2 minutos para diagnosticar *H. pylori*

		
<b>1</b> Escanee el código de barras de la bolsa	<b>2</b> Prepare el lote	<b>3</b> Presione de el botón de iniciar

**UBT C<sup>14</sup>**

**Antígenos fecales**

**Endoscopia alta**

# Mensajes para la casa

# **Conceptos básicos 2023**

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**Tratar por 14 días,**

**Altas dosis de IBP**

**IBP mas tres antibióticos**

**IBP mas amoxicilina altas dosis/Tetraciclina**

**No repetir macrólidos o levofloxacina**

**Utilizar los esquemas con eficacia local**

**Eficacia ITT 90%, PP 95%**

# *H.pylori*, muy difícil de matar

Pruebas  
Susceptibilidad  
Optimización

Morirás

Morirás

Morirás

Morirás

Empíricas  
Bien elegidas  
Optimización



**Muchas gracias**